

# TUESDAY, APRIL 23, 2019

## REGISTRATION

9 a.m. – 6 p.m.

Registration Desk One

## EXECUTIVE BOARD MEETING AND LUNCH

10 a.m. – 12:30 p.m.

Room 218

## GENERAL SESSION - "PELICAN TRAINING" – SPONSORED BY PELICAN INSURANCE, RRG

1 – 4:15 p.m.

Room 207

NHA – 3

RC/AL - 3

PC - 3

RN – 3

CPE - 1.5

CBDM - 3

### "SAFETY HAZARDS IN A HEALTH CARE SETTING"

OSHA had an emphasis program focused on Nursing and Residential Care Facilities (NAICS Codes: 623110, 623210 and 623311), Directive Number: CPL 03-00-016. Although this emphasis program is no longer in effect, we can learn from the safety hazards identified in it. Remember the hazards have not gone away.

Objectives:

- Who is covered by OSHA?
- What targets an OSHA inspection?
- What occurs during an OSHA inspection?
- Brief review of current Recordkeeping requirements: recording forms, reporting serious injuries, electronic recording.
- Ergonomics: MSD Risk Factors Relating to Resident Handling
- Slips, Trips and Falls
- Bloodborne Pathogens
- Tuberculosis (TB)
- Workplace Violence
- Other Hazards
- Methicillin-resistant Staphylococcus aureus (MRSA) and other multi-drug resistant organisms (MDROs)
- Hazard Communication

*Dale Glacken, Compliance Assistance Specialist*

*U.S. Department of Labor, OSHA*

### "MANAGING YOUR WORKERS' COMPLIANCE RISK"

"Managing Your Workers' Compensation Risk" is designed for Nursing Home Administrators, Risk Managers, Financial Officers and those who share the common goal of reducing the ever-growing financial exposure associated with occupational injuries.

The objective for the presentation is to provide the audience with the ability to effectively manage every phase of an occupational injury claim.

The phases of the work injury claim will be clearly identified as:

- Understanding the workers' compensation risk
- Preventing occupational injuries
- Investigating reported injuries
- Determining compensability of a reported occupational injury
- Minimizing financial exposure for accepted injuries
- Identifying the appropriate time to consider resolution of a claim.

The presentation will outline effective, proactive measures that Employers can take at each phase of the claim to mitigate risk. The presentation will achieve its objective by explaining why Workers' Compensation risk has grown exponentially through the last decade. Further, the presentation will address the overlap and interplay between individual Employer Policy, the applicable body of law (the Pennsylvania Workers' Compensation Act and associated Regulations), the role of Pennsylvania Workers' Compensation Judges, and the resources available to Employers.

*Jill A. Gilden, Principal, Workers' Compensation*  
*Patrice A. Toland, Principal, Workers' Compensation*  
*Post & Schell, P.C.*

**AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG**

2:30 p.m.  
2nd Floor Break Area

**FISCAL MANAGEMENT COMMITTEE MEETING**

2 – 4 p.m.  
Room 218

**WELCOME PARTY - SPONSORED BY COMPLETE HEALTHCARE RESOURCES- EASTERN, INC.**

6 – 7 p.m. - Cocktail Hour  
7 – 10 p.m. - Dinner Buffet  
Presidents Hall 1

Join PACAH and Complete HealthCare Resources - Eastern, Inc. as we kick-off PACAH's 2019 Spring Conference! Be sure to stop by for an evening complete with hors d'oeuvres, dinner, open bar, and great conversation with fellow attendees!

## WEDNESDAY, APRIL 24

**REGISTRATION**

7 a.m. – noon  
Registration Desk One

**CONTINENTAL BREAKFAST**

7 – 8 a.m.  
Presidents Hall Lobby

**KEYNOTE, TEEPA SNOW - "USING A POSITIVE APPROACH TO DEMENTIA CARE" - SPONSORED BY PA HEALTH & WELLNESS**

8 - 9:30 a.m.  
Presidents Hall  
NHA – 1.5  
RC/AL - 1.5  
PC - 1.5  
RN – 1.5  
CBDM - 1.5 General

Caregivers often struggle with how to interact and communicate when the individual is repeatedly asking the same questions or telling the same stories, accusing others of stealing items that they themselves have hidden, making rude or inappropriate comments, calling people names or using profanity. Because the behavior can change from one moment or day to the next and can vary widely between individuals, it may seem like the person living with dementia is deliberately choosing their behavior. The goal of this session is to help caregivers manage their own behaviors for improved outcomes and interactions. This session will also provide learners strategies and methods of providing help to people with dementia that recognize losses



and use retained abilities to promote positive outcomes in interactions. Emphasis will be placed on helping learners to approach people with dementia safely and consistently, provide verbal support and responses that reduce distress, and improve social engagement. The session will be very interactive with the goal of providing knowledge, skills and attitudes that will change daily outcomes of dementia care.

Objectives:

- Identify the important role that words and actions play in the behavior and responses of people living with dementia
- Describe several of the critical factors for optimizing positive interactions
- Identify techniques that improve the potential for successful communication
- Demonstrate use of positive communication strategies in an interaction

*Teepa Snow, MS, OTR/L, FAOTA, Owner & Trainer  
Positive Approach, LLC*

## **MORNING BREAK**

**9:30 a.m.**

**2nd Floor Break Area**

## **BREAKOUT SESSION - "THE FUTURE OF LONG-TERM CARE IN PENNSYLVANIA AND AMERICA"**

**9:45 – 10:45 a.m.**

**Room 206**

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE - 1

CBDM - 1 General

The nursing home industry in Pennsylvania and across America is truly challenged from multiple fronts including:

- Reduced reimbursement rates
- Reduced census
- Reduced LOS
- Increased competition
- Staffing challenges at all levels (CNSs, LPNs, RNs, NHAs)
- A survey processes that many suggest is outdated and presents multiple challenges
- Liability cost and the lack of tort reform

This session would focus on where we are as an industry and where we are going. Above the "doom and gloom" that is so easy to feel given all the negative factors faced every day, there are positive aspects as well. This session will end with the positive changes that have been successfully achieved, those in the making and those still needing to be changed.

*John Whitman, Executive Director  
The TRECS Institute*

## **BREAKOUT SESSION - "WHAT TO DO WHEN THE INVESTIGATOR KNOCKS"**

**9:45 – 10:45 a.m.**

**Room 207**

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE - 1

CBDM - 1 General

It has become increasingly common for investigators to use various techniques, such as showing up at employees' homes, to encourage them to talk, sometimes about themselves, other times about their employers. Agents from the licensing boards (including State Boards of Nursing, Nursing Home Administrators, and Medicine), as well as from the PA Office of Attorney General and the US Office of Inspector General, can be very

intimidating, especially to people who are not prepared to speak with them.

- At this session, we will answer the following questions:
- What does the government expect from you when it comes knocking?
- How can you protect your legal rights without compromising the integrity of the investigation?
- How is an investigation conducted and what tools do enforcement agencies use to obtain information?
- How does a regulatory investigation differ from a criminal investigation?

*Paula G. Sanders, Esq., Principal & Co-Chair, Healthcare Practice  
Post & Schell, P.C.*

## **MID-MORNING BREAK**

**10:45 a.m.**

**2nd Floor Break Area**

## **GENERAL SESSION - "DEPARTMENT OF HEALTH UPDATE"**

**11 a.m. - noon**

**Presidents Hall 1**

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CBDM - 1 General

Pennsylvania nursing facilities are currently seeing a renewed focus on surveys and fines and are operating under new Requirements of Participation. That combined with continued life safety and fire safety updates and issues its imperative that members remain up-to-date with information from Pennsylvania's Department of Health (DOH). This session will feature the director of the division of nursing care facilities who will provide timely information on the operations of her department as it relates to surveys and licensing. She will discuss updates and statistical data on Pennsylvania's nearly 700 nursing facilities, new emphasis from the federal government, and other issues impacting nursing facilities from the perspective of licensing and surveys. The director of the division of safety inspection will also provide updates on critical life-safety issues.

*Charles Schlegel, Director, Division of Safety Inspection  
Susan Williamson, Director, Division of Nursing Care Facilities  
Pennsylvania Department of Health, Division of Long-Term Care*

## **BREAKOUT SESSION - "LABOR AND EMPLOYMENT LEGISLATION & REGULATIONS 2019 - WHAT TO EXPECT AND HOW TO MANAGE"**

**noon - 1 p.m.**

**Room 206**

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CBDM – 1 General

Regulators at the federal, state and local levels are poised to present considerable challenges to employers in 2019. These challenges involve modifications to rules/regulations regarding joint employer liability, pay equity, salary thresholds for exempt classification of workers, overtime pay, medical and other leaves of absence, LGBTQ issues and sexual harassment. Moreover, legislators at the federal level will look to sway voters ahead of the 2020 elections with bills targeted to increase wages and support unions.

Jill Lashay will update you on the current state of labor and employment law, including recent developments since the last PACAH Conference and anticipated legislative/regulatory changes which will have a direct impact on how you manage your workforce to reduce the risk of legal liability.

The program will include interactive, real-world examples of how to navigate through the challenges presented by these changes in the law.

### **BREAKOUT SESSION - "PLAYING HIDE AND SEEK WITH PDPM COMPONENTS"**

noon - 1 p.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

CBDM - 1 General

Participants will be able to identify the different components to Traditional Medicare Part A Patient Driven Payment Model (PDPM) and where the supporting documentation is located in the medical record. Identify key areas of the (Minimum Data Set) MDS assessment sections and accuracy that impact the PDPM Components. How will your facility obtain and utilize the information required for PDPM Components from discharging facility. Understanding the MDS scheduling requirements and the need for increased monitoring of the medical record to decrease the potential for negative impact on Traditional Medicare Part A reimbursement. Understanding the difference between the four different payment systems that will in effect the October 1, 2019. Understand the importance of early identification of correct payer upon admission to facility. How to identify your facility's key Interdisciplinary Team members who have a role in the identification and collection of key PDPM Components and the effect on your reimbursement.

*Lisa Gourley, RN, RAC-CT 3.0, Clinical Reimbursement Specialist*  
*Kara Schilling, RN, RAC-CT 3.0, Clinical Reimbursement Specialist*  
*Margaret Turner, RN, RAC-CT, Senior Director, Clinical Reimbursement*  
*Complete Health Care Resources- Eastern, Inc.*

### **PACAH 2019 SPRING GOLF OUTING**

1 - 2 p.m. - Lunch

2 p.m. - Shotgun Start

Mountain View Golf Club

Lunch will be available beginning at 12:30 p.m. Tee time is at 1:30 p.m. Players will be responsible for their own transportation to and from the Penn Stater and Mountain View Golf Club.

### **PACAH 2019 SPRING AFTERNOON OUTING - SPONSORED BY AFFINITY HEALTH SERVICES & FUNCTIONAL PATHWAYS**

1:30 p.m. - Meet in the hotel lobby

2 p.m. - Coach bus departs

Event details to follow.

## **THURSDAY, APRIL 25**

### **REGISTRATION**

7 a.m. - 3:30 p.m.

Registration Desk One

### **CONTINENTAL BREAKFAST**

7 - 8 a.m.

Presidents Hall Lobby

## **GENERAL SESSION - "PACAH BUSINESS MEETING & LEGISLATIVE UPDATE"**

8 - 8:30 a.m.

President's Hall 1

Session summary to follow.

*Kelly Andrisano, J.D., Executive Director  
PACAH*

## **GENERAL SESSION - "NEW REGULATIONS, NEW CHALLENGES"**

8:30 - 9:30 a.m.

President's Hall 1

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CPE- 1

CBDM – 1

Phase 3 of the federal Requirements of Participation (ROPs) go into effect November 28, 2019. The Pennsylvania Department of Health (DOH) is preparing new licensure regulations. The Centers for Medicare and Medicaid Services (CMS) is scrutinizing payroll based journal (PBJ) submissions, and the PA Auditor General is scrutinizing DOH. All of these activities create challenges for nursing homes' day-to-day operations and staff. This session will provide an analysis of the new regulatory changes that have occurred since the Fall Conference, and discuss proactive steps to you can take to minimize the risk of non-compliance. We will also explore likely outcomes the Auditor General's review in connection with other federal and state initiatives that focus on the seeming problems with post-acute care and what allegedly needs to be done to improve quality of care.

*Paula G. Sanders, Esq., Principal and Co-Chair, Healthcare Practice  
Post & Schell, P.C.*

## **MORNING BREAK**

9:30 a.m.

2nd Floor Break Area

## **BREAKOUT SESSION - "WHY DOES MCDONALDS STILL MARKET? TOP TEN U.S. COMPANIES AND WHAT WE SHOULD LEARN FROM THEM"**

9:45 - 10:45 a.m.

Room 206

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CBDM - 1

Healthcare is a world in and of itself. We are insular, self-deprecating, incestuous and tedious. Yet, in many companies, our leadership and front-line staff are populated by passionate, kind, empathetic and non-competitive people. So, why is that a problem?

This 90 minutes reviews basic differences that exist between a product-driven, sales centric company and a service-driven, care-centric one. We will look at several top US companies for insight into their differences, similarities and challenges faced when it comes to marketing, sales, operations and how they all work together... or not!

Why have the very best of them succeeded? Why are they advertising when they already own the market share? Why do so many fail or simply limp along year after year? What are the most important components of their success?

The session includes a workshop in which the group will be divided into small teams and given a small company with multiple issues. They will be asked to identify the issues and propose innovative solutions.

*Veronica Fogelman, President & Founder  
Ledgerock Consulting*

### **BREAKOUT SESSION - "UNDERSTANDING THE IMPACT OF THE EXPANDED CRIMINAL OFFENSES FOR NEGLECT AND ABUSE OF CARE-DEPENDENT PERSONS UNDER ACT 53 OF 2018"**

9:45 - 10:45 a.m.

Room 207

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1

Act 53, which went into effect in 2018, was passed in Pennsylvania in response to the growing concerns for the protection of Pennsylvania's care-dependent individuals. Act 53 expanded the criminal code to give prosecutors more tools to seek justice for care-dependent persons who have been the victim of neglect and/or abuse. This session will discuss the specific changes to Pennsylvania's criminal code brought about by Act 53, the effect these changes will have on the protection of care-dependent individuals in general, and the impact these changes will have on nursing homes in Pennsylvania.

*John Kennedy, Esq., President & CEO  
Benjamin Glatfelter, Esq., Shareholder  
Casey Slotter, Esq., Associate  
Kennedy, PC Law Offices*

### **MORNING BREAK**

10:45 a.m.

2nd Floor Break Area

### **BREAKOUT SESSION - "2019 LONG-TERM CARE PROVIDER STATE AND FEDERAL LEGAL UPDATE"**

11 a.m. - noon

Room 206

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CBDM - 1 General

This session is designed to update providers of important legal changes affecting their operations, reimbursement and compliance. The presenters will discuss the Pennsylvania Department of Health's initiatives to enact revised licensure regulations, and strengthen oversight of nursing facilities through the survey process. The presenters will also discuss the increase in DOH and CMS fines and strategies and tactics to challenge such fines. As we continue to move toward implementation of Phase 3 of the updated Requirements of Participation, the speakers will address the requirements related to the upcoming implementation. From a financial perspective, the presentation will address significant federal and state reimbursement changes, including the upcoming conversion from the Medicare SNF PPS payment system to the SNF Patient-Driven Payment Model ("PDPM"), and the next phase of Community HealthChoices implementation in Pennsylvania. The implementation of Community HealthChoices continues across Pennsylvania, and issues arising in the affected regions will be reviewed. The session also will discuss hot topics and recent developments in fraud and abuse, data breaches and HIPAA enforcement actions, arbitration agreement litigation developments, and operational issues, as well as provide guidance on how to address those matters to ensure compliance with current law. Finally, the presenters will preview issues and trends to come in 2019 and 2020 so that attendees can monitor these developments over the coming year.

*David C. Marshall, Esq., Shareholder  
Tanya Daniels Harris, Esq. Senior Attorney  
Latsha Davis & McKenna, P.C.*

## **BREAKOUT SESSION - "MCO SESSION"**

11 a.m. - noon

Room 207

NHA – 1

RC/AL - 1

PC - 1

RN – 1

CPE - 1

Join representatives from the three Managed Care Organizations involved in Community HealthChoices (CHC). CHC has been implemented in the Southwest and Southeast regions, and will start in the remainder of counties on January 1, 2020. This interactive session will allow for the MCOs to answer frequently asked questions as well as respond to attendee comments and questions on anything related to CHC. The MCOs will also provide any necessary updates and program information to attendees as well as other information that will help attendees plan for or adjust to ongoing implementation of managed care in Pennsylvania.

*Jill Blessington, Manager, Ancillary Contracting  
Keystone Health Plan/AmeriHealth Caritas*

*Andrea Farrell, Director, Ancillary Network Management  
UPMC Health Plan/UPMC Community HealthChoices*

*Anna Keith, Vice President Community Relations & Marketing  
PA Health & Wellness*

## **PELICAN BUSINESS MEETING & LUNCHEON - SPONSORED BY PELICAN INSURANCE, RRG**

noon - 1 p.m.

Deans Hall 1 & 2

Join PELICAN Insurance, RRG for their annual business meeting and luncheon. All are welcome to attend!

## **BREAKOUT SESSION - "HANDBOOK FOR HUMANITY: TAKING CARE OF THE CAREGIVER"**

1:15 - 2:45 p.m.

Room 206

NHA – 1.5

RC/AL – 1.5

PC - 1.5

RN – 1.5

CBDM - 1.5

As clinicians, we are often so focused on the care of those in our charge that we often fail to put a finger on our own pulse. Giving care can be an exceptionally laborious task---physically, emotionally, and spiritually. Often it may be at huge personal costs to the caregiver. Anyone who interacts with a patient is a caregivers; we may serve in a wide variety of capacities: as family, friends, neighbors, administrators, aides, nurses, social workers, therapists, CRNPs, PAs, or physicians.

This talk will help the caregiver:

- Revisit their "touchstone" for going into healthcare
- Review risk factors for decompensation and "burnout"
- Recognize and identify the triggers and behaviors that put the caregiver at risk
- Identify easily workable "ninja skills" to help cope
- Apply these principles in both work and personal lives.

This is the talk I wish I had 35 years ago before going into healthcare; it's fundamentally an owner's manual for the caregiver.

*Dr. Timothy Campbell, MD, Chief Medical Officer  
Gallagher Home Health Services and Hospice*

## **BREAKOUT SESSION - "QUANTITY, QUALITY, AND ADVOCACY TO SUPPORT THE DIRECT CARE WORKFORCE CRISIS"**

1:15 - 2:45 p.m.

Room 207

NHA – 1.5

RC/AL – 1.5

PC - 1.5

RN – 1.5

CPE - 1.5

CBDM - 1.5

We are in the eye of the storm whether you are in Skilled Nursing, Personal Care, Continuing Care Retirement Communities, Home Health or Acute Care. Sufficient staff resources are plaguing healthcare but other industries in the Commonwealth also have serious challenges. Labor shortages are no longer only a health care crisis but don't second guess that there is indeed an access to care crisis. Survival techniques are in full swing dealing with an aging workforce, increased wages and benefits and a lack of a qualified workforce. This coupled with declining reimbursement, staffing star ratings and increased competencies is and will continue to be the number ONE (#1) challenge we face.

Reality is no one has all the answers. There is no silver bullet. There is however best practices in areas of recruitment and retention. There are also people that are making things happen when it comes to putting forth creative methods of infiltrating people into the workforce. Add to the equation that there is advocacy initiatives in which we need everyone to support aggressively.

At the end of the program participants will be able to identify:

- Trends and statistics regarding staffing that impact our planning and daily operations in long-term care
- The basics of recruitment and retention that are often overlooked
- Strategies for recruitment and retention with analysis of success and challenges
- Initiatives currently taking place both in and out of the long term care arena
- The advocacy efforts that need immediate and swift action and support from the associations and individuals

*Denise McQuown-Hatter, President and CEO  
Affinity Health Services, Inc.*

*James Aurand, NHA, Administrator  
Susque-View Home Nursing & Rehabilitation/Premier Healthcare Resources, Inc.*

## **AFTERNOON BREAK**

2:45 p.m.

2nd Floor Break Area

## **BREAKOUT SESSION - "TOOLS FOR MANAGING AN EFFICTIVE HOUSEKEEPING, LAUNDRY, AND DIETARY PROGRAM"**

3 - 4 p.m.

Room 205

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CBDM - 1

The presentation will focus on operational documentation and practices to gain an effective control of the housekeeping, laundry and dietary programs throughout senior living communities. By correctly managing each department the communities are able to improve resident satisfaction and employee efficiency. The operational programs are designed to meet the expectations of federal and state regulations.

We will cover what to look for before the annual inspection and how to manage the process to ensure you are always operating within the regulations. We will discuss Resident Satisfaction Surveys and how they can be used to enhance the community's QAPI Program. This presentation is targeted for Executive Directors, Nursing Home Administrators, Housekeeping Managers, Laundry Managers and Dining Services Managers.

*Emile LeDoux, Senior Consultant  
LW Consulting, Inc.*

### **BREAKOUT SESSION - "MILLENNIALS: THE EMERGING GENERATION OF CAREGIVERS"**

**3 - 4 p.m.**

**Room 206**

NHA – 1

RC/AL – 1

PC - 1

RN – 1

CPE - 1

CBDM - 1 General

For years, the role of caregiver was primarily filled by middle-aged or elderly individuals caring for their aging parents or spouses. Caregiver demographics are changing and today, many millennials are taking on complex caregiving roles. Data from a recent AARP study show that each year, about 40 million American adults provide support with basic functional tasks to help individuals remain in their homes and communities for as long as possible. Of these 40 million caregivers, almost 25% or 1 in 4 is part of the millennial generation. On average, Millennials provide more than 20 hours per week in care, are more likely than other generations to be actively employed, and earning less than \$30,000 per year. Millennial caregivers represent a unique caregiver profile, very different from middle-aged or elderly care providers, and therefore require a unique set of skills to not only provide caregiving, but also to care themselves and their own health. Millennial caregivers look to health care providers to assist them in developing their caregiving skills and managing their own physical, social, and emotional health. This session will provide the learner with strategies to assist the millennial caregiver in meeting his or her caregiving needs. The session identifies the specific issues that millennials face including exclusion from peer groups, managing debt, time management, workplace discrimination, emotional stress and fatigue, and others and offers resources that are available for each of these. Additionally, approaches that employers can utilize to help their millennial caregivers to be successful will be offered.

The goal of this session is to help our communities help their caregivers to be successful. The face of caregiving is changing and the techniques this emerging set of caregivers use to learn are different. As employers and community partners, we can help them to make a difference in the lives of those they care for.

Objectives:

- Describe relevant demographic statistics for the millennial caregiver
- Identify personal, psychosocial, emotional, and physical challenges experienced by millennial caregivers
- List possible resources and strategies healthcare providers can offer to millennial caregivers
- Illustrate ways employers can support millennial caregivers in their roles

This session will shatter the myth that all caregivers are elderly spouses or middle-aged children. Many caregivers are Millennials and in some cases, do not live near the people they are trying to help. This session will explore all of the issues this group of caregivers tend to experience and provide websites, handouts/materials, and other resources they can use to be successful. Moreover, since there is often a disconnect in communication style between Millennials and other age groups, the materials will be presented in a fashion that will be meaningful to all.

*Dr. Kathleen Weissberg, OTD, OTR/L, CMDCP, Education Director  
Select Rehabilitation, LLC*

### **BREAKOUT SESSION - "FALLS MANAGEMENT IN THE DEMENTIA POPULATION: AN INTERDISCIPLINARY APPROACH"**

**3 - 4 p.m.**

**Room 207**

NHA – 1

RC/AL – 1

PC - 1

RN – 1

As we age, the likelihood of sustaining a significant injury due to a fall rapidly increases especially if there is an

underlying diagnosis of dementia. There are a multitude of evidence-based interventions that are highly effective in the treatment and prevention of falls. These interventions and strategies can result in improved quality of life, decreased risk of falls, decreased risk of injury, decreased burden of care, and fiscal savings. This session focuses on the interdisciplinary team approach to promote safety and overall well-being of our patients with dementia through effective management of falls.

Goals:

- Discuss the financial, physical, and psychological impact of falls for the older adult..
- Describe the fundamentals of balance and specific issues for the dementia patient
- Identify patient specific strategies based on physical performance and cognitive level to address falls.
- Design an interdisciplinary approach using evidence-based interventions for falls prevention in the dementia population.
- Select outcome evaluations using both standardizes and non-standardized assessments.
- Analyze effective documentation for state and federal compliance.

*Heather Meadows, CCC/SLP/Executive Director of PA, Certified Dementia Practitioner (CDP)*

*Ginny Grant, PT, Area Director*

*Rebecca Rumsky, COTA/L, Program Director*

*Premier Therapy, LLC*

### **PACAH 2019 SPRING VENDOR SHOW - SPONSORED BY GUARDIAN ELDER CARE**

**4 - 6 p.m.**

**Presidents Hall**

Light hors d'oeuvres and a bar will keep the conversation flowing! Be sure to visit all of our vendors and receive signatures from each vendor on your booth layout map for a chance to win some great prizes!

### **CONFERENCE PARTY**

**8:30 – 11 p.m.**

**Deans Hall 2**

Time to break out the Hawaiian shirts for PACAH's and Apex Rehab Solutions' salute to all that is summer...PACAH's Beach Party! Let's warm up with hors d'oeuvres, beverages, and a D.J. to get everyone into a "summer" frame of mind!

## **FRIDAY, APRIL 26**

### **REGISTRATION**

**7 – 11 a.m.**

**Registration Desk One**

### **CONTINENTAL BREAKFAST**

**7 – 8 a.m.**

**2nd Floor Break Area**

### **BREAKOUT SESSION - "HANDLING THE PROBLEM EMPLOYEE"**

**8 - 9 a.m.**

**Room 206**

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CBDM - 1

Effectively dealing with problem employees is something almost all employers must learn to successfully do. This presentation will focus on strategies for handling your worst employees and the legal issues they create.

*G. Edward Schweikert, IV, Member  
Eckert Seamans Cherin & Mellott, LLC*

### **BREAKOUT SESSION - "THE OPIOID CRISIS AND TREATING PAIN"**

**8 - 9 a.m.**

**Room 207**

NHA – 1

RC/AL – 1

PC – 1

RN – 1

CBDM – 1

Everywhere you turn, the opioid crisis is mentioned in today's society. With the increased focus and emphasis on this crisis, our ability as healthcare providers to treat pain has been impacted. This session will discuss how this focus is impacting pain management in the elderly. We will also discuss some of the myths of pain management, the various types of pain, and barriers that may make pain more difficult to treat in the elderly. There are some basic tenets of pain management that can be utilized specifically for the elderly. We will go on to discuss specific pain management medications and the differences in different types of pain medications so that appropriate medications can be selected and pain can be treated effectively.

*Rob Leffler, R.Ph., Vice President of Clinical Services  
PCA Pharmacy*

### **MORNING BREAK**

**9 a.m.**

**2nd Floor Break Area**

### **GENERAL SESSION - "IS YOUR FACILITY SECURE? CREATING AND MAINTAINING A SECURE ENVIRONMENT"**

**9:15 - 10:45 a.m.**

**Room 206**

NHA – 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CBDM - 1.5

Every executive director would like to believe his or her facility is a haven of security ... but is it? More and more we are hearing of acts of violence and aggression in LTC communities across the nation. In this session, the attendees will learn simple and effective steps to improve their security and lessen the chances of an incident.

Upon completion of this session, the attendee will:

- Review recent cases of acts of violence and aggression in LTC communities with critical and/or catastrophic outcomes
- Identify the four steps in the P2T2<sup>®</sup> system for creating and maintaining a secure environment
- Learn how to perform a basic security vulnerability assessment to identify acts and conditions that may lead to a security breach
- Discuss the concept of creating a "strategic plan for security improvements"

*Steven S. Wilder, BA, CHSP, STS, Member and COO  
Sorensen, Wilder & Associates*

### **BREAKOUT SESSION - "DOCUMENTATION REQUIREMENTS FOR PDPM"**

**9:15 - 10:45 a.m.**

**Room 207**

NHA – 1.5

RC/AL - 1.5

PC - 1.5

RN - 1.5

CPE - 1.5

## CBDM - 1.5

The new case-mix classification model, Patient Driven Payment Model (PDPM), is scheduled to begin October 1, 2019 and will be used to classify SNF patients in a covered Part A stay. PDPM is the next step for skilled nursing facilities as healthcare reform continues to shift reimbursement from volume to value. We will discuss the documentation requirements to support the new MDS items. Attendees will learn what drives the new PDPM case-mix groups including the importance of ICD-10 coding accuracy and specificity, Section GG functional score coding, and the PT/OT case-mix vs. ST case mix components. Lastly, you will learn some clinical and operational strategies to successfully navigate the requirements for this new payment model.

*Kathy Kemmerer, LPNAC, RAC-CT 3.0, CPRA, CMI Specialist and Medicare Reimbursement Specialist  
Dave Lishinsky, PT, Vice President of Clinical Compliance  
AdvantageCare Rehabilitation, LLC*

## **MID-MORNING BREAK**

10:45 a.m.

2nd Floor Break Area

## **GENERAL SESSION - "OFFICE OF LONG-TERM LIVING/FISCAL OFFICERS GROUP MEETING"**

11 a.m. - noon

Presidents Hall 1

NHA - 1

RC/AL - 1

PC - 1

RN - 1

CPE - 1

The Department of Human Services' Office of Long-Term Living staff will report on current initiatives, including a focus on Community HealthChoices (CHC) in Pennsylvania. The discussion will include implementation in the Southeast zone, status of the Southwest, any ongoing issues, payment of claims, etc. Other initiatives being undertaken by OLTL and DHS will also be discussed as well as the 2019-2020 FY Budget.

*Edward P. Frigo, Director, Fiscal Services  
Premier Healthcare Resources*

*Kevin Hancock, Deputy Director  
PA Department of Human Services, Office of Long-Term Living*

*Daniel Sharar, Director, Bureau of Finance  
PA Department of Human Services, Office of Long-Term Living*