

2010 PACAH Spring Conference

Monday, April 19, 2010

1 – 4.15 PM *Risk Management Round Table*
General Session

An effective Risk Management and Safety Program are essential to the day-to-day operations of any long term nursing facility. Not only will this training session recommend ways to help protect residents and staff, it will also provide ways of helping a facility save money in medical, worker’s compensation and litigation costs. In addition, the training session will focus on how a Risk Manager provides help and guidance to accomplish these goals. Further, the training session will provide guidance in determining the effectiveness of a facility’s safety committee, and provide recommendations on how to improve existing committees.

*(There will be a 15 minute breaking in the middle of this session so the total credits that can be earned will be **THREE**)*

Brian Balliet
Gracedale Nursing Home
2 Gracedale Avenue
Nazareth PA 18064
(610) 746 – 1900

Amy McElroy
Kane Regional Centers
955 Rivermont Drive
Pittsburgh PA 15207
(412) 422 – 6800

Deborah McHugh
Centre County
Willowbank Office Building 420
Holmes Street
Bellefonte PA 16823
(814) 355-6700

Keith Wentz
York County
28 East Market Street
York PA 17401
(717) 771-9964

2 – 4 PM Fiscal Management Committee

4.15 – 7 PM Executive Committee

7 – 10 PM Welcome Party

Tuesday, April 20

7 AM – Noon	Registration
7 – 8 AM	Morning Break
8 – 10 AM	<i>Leadership Boot Camp</i> Keynote General Session

George Washington had it and so did George S. Patton. Besides sharing the same name, what these two accomplished Generals had in common was excellent leadership skills. But what makes some people leaders and others followers? Energy, enthusiasm and organized thought! How many times have you seen a sleepy, fatigued and scattered leader?

Learn how to get a good night's sleep so you can tackle your daily duties with enthusiasm. Develop powerful time management techniques and sharpen your memory. Discover how our sometimes irrational brains work and learn how to modify behavior at work and at home. Discover these leadership skills and more while picking up techniques to organize your own thoughts and those of your family, friends and co-workers.

Joel Weintraub
Humor for the Health of It
38 White Pine Court
Lafayette Hill PA 19444
(610) 825-2179

10 – 10.15 AM	Mid-Morning Break
10.15 – 11.15 AM	<i>Medicaid Eligibility & Transfer Penalties: What Steps Should Facilities Take to Maximize Chances of Obtaining Payment?</i> Breakout Session

As the changes ushered in by the Deficit Reduction Act are implemented, there is an increase in the transfer penalties assessed against Medicaid applicants. Long term care facilities need to know what steps to take to protect their rights to request an undue hardship waiver and/or appeal the transfer penalty. The presentation will focus on the three options of obtaining payment in the event of a transfer penalty: the undue hardship waiver request, appeal of the transfer penalty, and private pay resources. The presentation shall include a discussion of the necessary procedural safeguards, actions to be taken prior to a hearing, recent decisions, and resolutions. The presentation will also discuss potential revisions to the Admission Agreement and related documents.

John N. Kennedy, Esquire
KENNEDY, PC LAW OFFICES
P.O. Box 5100
Harrisburg PA 17110-0100
(717) 233-7100

10.15 – 11.15 AM	<i>Your Facility, Your Wounds...Your Role</i> Breakout Session
------------------	---

This 1 hour presentation will provide information about the regulatory, clinical, economical, risk management and quality of life components of wound management as it relates to nursing home management and administration.

Topics included will be:

- Staffing....Medical Director, wound team
- Wound tracking/ photography
- Regulations- F314 & other tags that can result from wounds- what are the surveyors looking for, star ratings
- Quality of life for residents r/t wound pain & odor including adherence to treatment recommendations
- Dressings...more than gauze, how do I save money, where do I spend money?
- What are attorneys looking for?

Sarah Lewis, PT, DPT, CWS, FACCWS

American Medical Technologies

17 Roberts Avenue

Haddonfield NJ 08033

(267) 226-8986

11.15 – 11.30 AM Break

11.30 AM – 12.30 PM *Home and Community Based Services – An Expansion of the Continuum*
Breakout Session

This session will review the legal implications of developing a Home and Community Based Services provider. Corporate restructuring, regulatory and risk management issues associated with creating a Home and Community Based provider will be discussed. The presenter will address the licensure requirements for home care agencies and home care services required under Act 69 and the Department of Health's regulations. The session will discuss operational issues, including the development of contractual arrangements with consumers and developing a "referral" base in the local community. The basic framework for the development of a PACE program also will be explained.

Kimber L. Latsha, Esquire

Latsha Davis Yohe & McKenna, P.C.

1700 Bent Creek Boulevard, Suite 140

Mechanicsburg, PA 17050

(717) 620-2424

11.30 AM – 12.30 PM *An Integrated Approach to Managing Resident Behavior and Caregiver Stress in a Dementia-Care Setting*
Breakout Session

This presentation will provide an overview of the Leader-Effect® Dynamics program for teaching leadership, ancillary and direct-care staff to work effectively as a team in managing the behavior of residents with dementia, while minimizing the stress that is often associated with caring for this difficult population. The program uses a series of true-to-life case studies to (1) enhance knowledge of dementia and its effects on behavior and cognition, (2) illustrate the use of 12 evidence-based behavior management skills, and (3) highlight communication and

supervision issues that often diminish the effectiveness of behavior management efforts and increase stress on staff. Workshop sessions are followed by group coaching sessions during which behavior management programs for current residents are developed, implemented and evaluated.

Francis C. Harris, PhD, MBA
Leader-Effect® Dynamics
1809 Sidney Street
Pittsburgh, PA 15203
(412) 381-9141

Donald J. Steighner, MA
Leader-Effect® Dynamics
1809 Sidney Street
Pittsburgh, PA 15203
(412) 381-9141

1.30 PM Golf Outing at Penn State White Course

Wednesday, April 21

7 AM – 4 PM Registration

7.30 – 8.30 AM Morning Break

8.30 – 10 AM *MDS 3.0*
General Session

In preparation for the implementation of the MDS 3.0 in October 2010, the Office of Long Term Living is considering changes to the Case-Mix Reimbursement System so that it is compatible with the 3.0. They will present an update to the membership on the status, including how picture dates information will be determined. They will discuss the basic Case-Mix Index report that members have been using for many years as well as the Latest assessment Roster Report which may be the vehicle used to generate Case-Mix Index reports using the latest assessment. The Shadow Rate letter and version 5.12 of the Resource Utilization Group will also be discussed.

Bonnie Rose
Office of Long Term Living
Director, Bureau Provider Support
Forum Place 5th Floor
555 Walnut Street
Harrisburg, PA 17101
(717) 705-3703

10 – 10.15 AM Mid-Morning Break

10.15 – 11.15 AM *Making Your Corporate Compliance Plan Work – 10 Issues To Review Right Now*
Breakout Session

Many providers have implemented corporate compliance programs over the last decade. The trick, of course, is to ensure that the program effectively enhances operations and detects/prevents compliance issues. This session will provide practical guidance on 10 matters that long term care providers can review, right now, to ensure that their compliance plan is doing its job. The goals of the session are to offer strategies to revitalize existing compliance programs, and to encourage those that have yet to develop such programs the tools to do so.

David C. Marshall, Esquire
Latsha Davis Yohe & McKenna, P.C.
1700 Bent Creek Boulevard, Suite 140
Mechanicsburg PA 17050
(717) 620-2424

10.15 – 11.15 AM *Practical Culture Change*
Breakout Session

Quality of Life F Tags have raised the bar in how we provide for residents' living circumstances, care and services. This workshop will help you identify practical approaches and simple fixes that you can use order to satisfy regulatory standards and improve residents' quality of life.

Doug Walther
LW Consulting
5925 Stevenson Avenue
Second Floor, Suite G
Harrisburg PA 17112
(717) 233-6100

11.30 AM – 1 PM Lunch

 PELICAN Subscriber Lunch (By Invitation)

1 – 2.30 PM *FOG Meeting*
Breakout Session

This session is aimed at fiscal officers and administrators and will feature updates from the perspective of the Office of Long Term Living and PACAH. Topics will include the latest information on the 2010-11 Commonwealth budget process, payments and rates for nursing facilities retroactive to July 2009, prospects for the continuation of the Pay for Performance incentive payments, the future of the Certified Public Expenditures, status of the 2007 audits and time frames for Nursing Home Assessment.

Bonnie Rose
Office of Long Term Living
Director, Bureau Provider Support

Forum Place 5th Floor
555 Walnut Street
Harrisburg, PA 17101
(717) 705-3703

Michael J. Wilt
PACAH
17 North Front Street
Harrisburg PA 17101
(717) 232 – 7554 ext. 3134

1 – 2.30 PM *Effective Behavior Management: Assessing Your Needs & Implementing the Right Program*
Breakout Session

This program will address the on-going issues of how to effectively manage resident behavior problems in long-term care, in particular the county homes. County homes are frequently challenged with a mix of younger residents with complex medical problems who exhibit care needs much different than our typical resident population. Meeting the care needs of this special population requires additional education, training, and support of our staff. Residents with complex medical issues that significantly affect mood and behavior are more likely to reside in our communities creating the need for different and sometimes additional resources to effectively manage resident care. The presenters will provide strategies for improved behavior management programming through critical analysis of the resident population. Accurate assessment of your special resident populations is the key to effectively structuring the environment, culture, programming, and approaches to adequately care for residents with special behavior needs.

Suzanne Glisan
Affinity Health Services
942 Philadelphia Street
Indiana PA 15701
(724) 463-1010

Candace McMullen
Affinity Health Services
942 Philadelphia Street
Indiana PA 15701
(724) 463-1010

2.30 – 2.45 PM Afternoon Break

2.45 – 4.15 PM *Medicare 2010 How to be Prepared to Miminize the Impact*
Breakout Session

This session will review the changes in the Medicare payment system scheduled for implementation October 1, 2010. Changes to the Medicare PPS reimbursement as a result of the implementation of the new RUGs IV Classification System will be reviewed. Participants will be able to identify the qualifiers for each of the categories

in the RUGs IV Classification System, as well as, identify the operational impact of the new RUG IV Medicare Reimbursement System.

Joanne Jones
Premier Healthcare Services
2009 Renaissance Boulevard, Suite 300
King of Prussia PA 19406
(484)751-9033

2.45 – 4.15 PM *Grass Roots Advocacy*
Breakout Session

Session will focus on tips and pointers for attendees when communicating with their legislators. The discussion will include how to build relationships with House and Senate members, the most effective methods of communication, as well as information sensitive to budget advocacy. Participants will be able to use the information gathered during this session to strengthen their grassroots campaign to achieve adequate funding for long term care in the face of increasing costs

Brinda Carroll Penyak
County Commissioners Association of Pennsylvania
17 North Front Street
Harrisburg PA 17101
(717) 232-7554

4.15 – 5.15 PM *Legislative Update*
General Session

PACAH's Executive Director will provide an update on the challenges facing the Association in the months ahead and discuss the priorities from a legislative and administrative perspective. Over 125 pieces of legislation are currently being monitored by PACAH and those most likely to see action by the House and Senate will be discussed. The time frame for implementation of the "Never Events" law will be reviewed, as well as the county immunity ruling pending before the Supreme Court, and current status of assisted living and home care regulations. The impact of the county share will also be discussed as it relates to the budget and certified public expenditure process.

Michael J. Wilt
PACAH
17 North Front Street
Harrisburg PA 17101
(717) 232 – 7554 ext. 3134

8 – 11 PM Conference Party

Thursday, April 22

- 7 – 11 AM Registration
- 7.30 – 8.30 AM Morning Break
- 8.30 – 9.30 AM *When Bad Things Happen to Good People*
Breakout Session

Adverse resident outcomes are bound to happen despite conscientious and proactive management. This session will provide participants with strategies to assist them when adverse clinical events occur. The facility's communication response plan is critical in promoting appropriate event response. This session will outline the key components of a well developed situation response plan and provide participants with proven strategies.

John Bass, Esquire
Grogan Graffam, PC
Four Gateway Center, 12th Floor
Pittsburgh PA 15222
(412) 553-6371

Candace McMullen
Affinity Health Services
942 Philadelphia Street
Indiana PA 15701
(724) 840-1102

- 8.30 – 9.30 AM *Grant Writing*
Breakout Session

With budgets shrinking, facilities are being forced to consider alternative sources for funding. One viable route is to consider applying for grants. In this session, we will cover where to find funders, different types of funders, grant writing basics, time management and deadlines, and pitfalls and best practices.

Judy Chambers
County Commissioners Association of PA
17 North Front Street
Harrisburg PA 17101
(717) 232-7554

- 9.30 – 9.45 AM Mid-Morning Break
- 9.45 – 11.15 AM *DOH Update*
General Session

The Department of Health's Director of the Division of Nursing Care Facilities will make a presentation comparing citation rates in Pennsylvania against other states in Region 3 and states with comparable long term care resident

populations. Additionally 'Hot' topics from a survey perspective will be addressed. The DOH role in the conversion to the MDS 3.0 will also be reviewed.

Bill Bordner
Director, Division of Nursing Care Facilities
Health & Welfare Building
Harrisburg PA 17120
(717) 787-1816

11.15 - 11.30 AM Break

11.30 AM – 12.30 PM Administrator Roundtable
Breakout Session

This roundtable will be led by PACAH's president and will cover topics including payment options/status, therapy caps and discussion about various bills.

Kim Cobaugh
The Communities at Indian Haven
1675 Saltsburg Avenue
Indiana PA 15701
(724) 465-3900

11.30 AM – 12.30 PM DON Roundtable
Breakout Session

This session will focus on several issues including electronic health records, the MDS 3.0 and recent survey issues

LouAnn Simpson
Valley View Nursing Center
2140 Warrensville Road
Montoursville PA 17752
(570) 433-3161

11.30 AM – 12.30 PM Fiscal Roundtable
Breakout Session

This session will focus on MA cost reports, MA grant applications, the new ma CMI systems, anticipated changes in Medicare A levels, systems and the how facilities are dealing with the current therapy cap impasse.

Jim Scannapieco
Philadelphia Nursing Home
2100 West Girard Avenue
Philadelphia PA 19130
(215) 685-0800

John Smith
Catholic Health Care Services
701 Lansdale Avenue
Lansdale PA 19446

(215) 368-0900