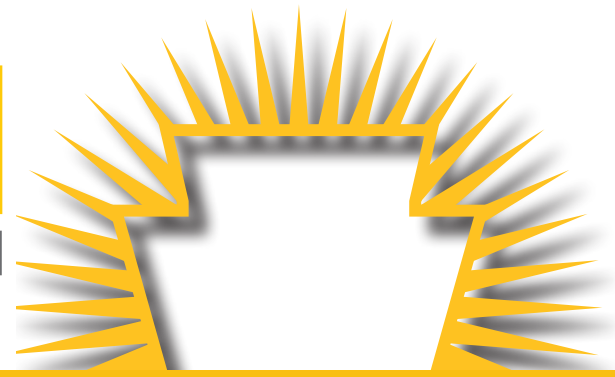


PACAH

Pennsylvania Coalition of Affiliated
Healthcare & Living Communities



2023

FALL SUMMIT

September 25th - 28th

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Welcome from PACAH's Executive Director

Dear PACAH members and attendees –

Welcome to PACAH's 2023 Fall Summit for long-term Care. PACAH is happy to announce that this year will be PACAH's First Fall Summit dedicated to long-term care. As we enter a new era of PACAH Fall initiatives, we encourage everyone to be engaged. PACAH's new goal is to promote a free exchange of ideas not only within Pennsylvania, but nationally.

This new approach is a new path forward for PACAH. Our goal is promoting a free exchange of ideas every fall. With this in mind, we are beginning steps to promote PACAH's Fall Summit nationally. We believe our goal is to promote better care of residents through education and engagement. In addition, we believe it is our responsibility to promote Pennsylvania and our long-term care community as a national leader. As such, we have brought several speakers from outside the state to provide fresh content on a number of issues the long-term care community faces. We expect this to only grow as we look for new sponsors, promote CEU education nationally, and work to grow our community of NHA leaders.

With this new format, we will be transitioning several of our events to more active engagement. We are moving away from vendor shows and more to targeted vendor presentations that we know our members need. We are targeting more events that involve interaction among participants, and we are working to bring fresh content with engaging speakers.

As we move forward, we will be faced with new challenges that will involve new thought processes and support from our peers. PACAH intends to use its platform as a way to promote this environment and all the possibilities that come with it. We hope everyone enjoys PACAH's Fall Summit and look forward to greater success in the future.

Along with our President, Andrew Naugle, Executive Board, and Kim, I want to thank everyone for making this possible.



Chase Cannon
Executive Director, PACAH





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For more information on PELICAN, please contact Andrew Smith at asmith@pacounties.org or at (717) 736-4769.



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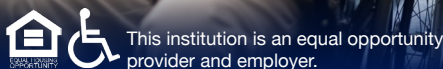
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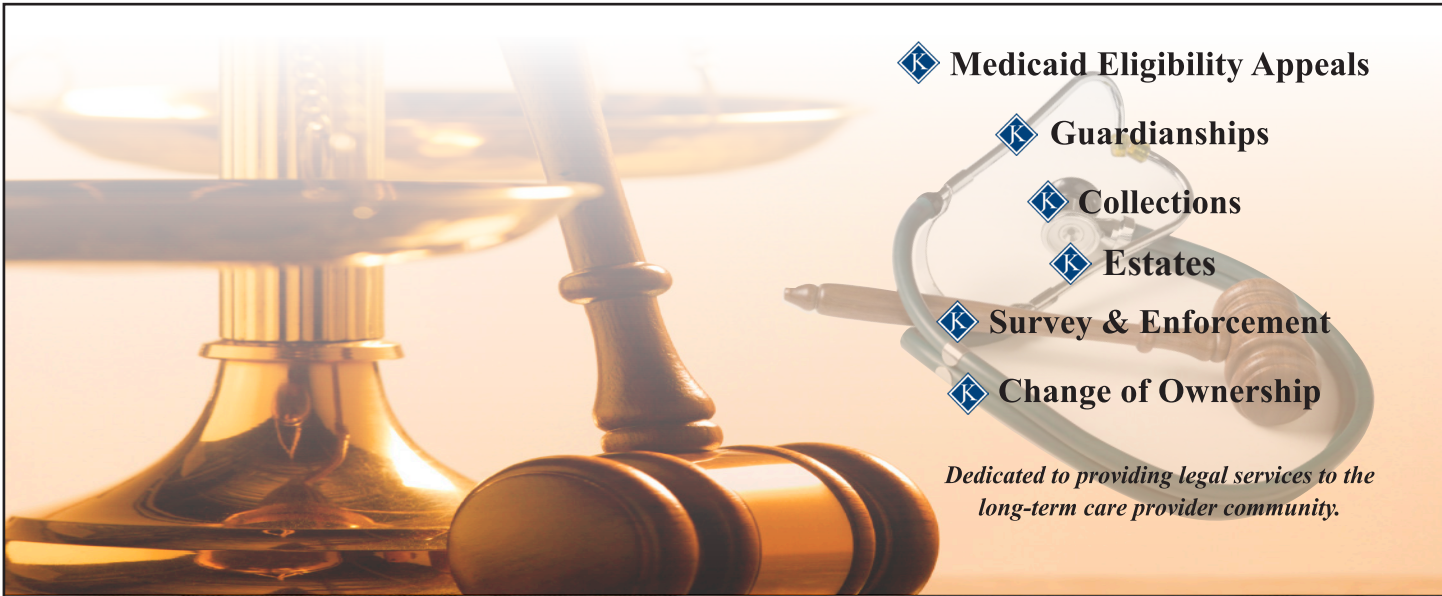
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AmeriHealth Caritas Pennsylvania Community HealthChoices is a proud sponsor of the 2023 Fall Conference

We salute the Pennsylvania Coalition of Affiliated Healthcare & Living Communities (PACAH) for creating educational and networking opportunities to support the dedicated professionals serving the long-term care community.

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Erika Reilley

Community Engagement Coordinator

(267) 582-3028

reilleyee@upmc.edu

UPMC Community HealthChoices

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CHR Consulting Services, Inc. - Fiscal Day

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Tricia Whaley

Senior Director Provider Relations

(267) 965-1010

twhaley@chrmail.org



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PACAH 2023 FALL SUMMIT SPONSORS

Kennedy, PC Law Offices - Happy Hour

kennedypc.net

John N. Kennedy, Esq.

President & CEO

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AmeriHealth Caritas Community Health Choices - Continental Breakfast

amerihealthcaritaschc.com

Nicole Siedhof Ragab, MA

Manager, Community Outreach Programs

(570) 506-4639

nragab@amerihealthcaritas.com



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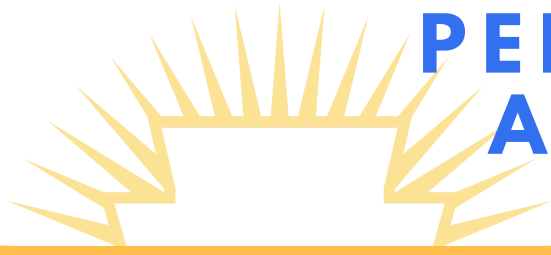


Pennsylvania Coalition of Affiliated
Healthcare & Living Communities

2024 SPRING CONFERENCE

April 15th - 17th

Penn Stater Hotel & Conference Center



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CONTACT

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Pennsylvania Coalition of Affiliated
Healthcare & Living Communities

2023

Summit

Fall

... AT A GLANCE

MONDAY, SEPTEMBER 25TH

9 a.m. - 3:30 p.m.	Registration
10 a.m. - noon	Fiscal Officers Group (FOG) Meeting with OLTL
noon - 1 p.m.	Lunch
1 - 2 p.m.	Medicaid Pending and Collections - Private Pay & Patient Portions
2:15 - 3:15 p.m.	Budgeting Process and the Use of Analytics

TUESDAY, SEPTEMBER 26TH

9 a.m - 4 p.m. 10	Registration
a.m. - noon 1 -	PACAH Board Meeting (private)
2:30 p.m. 2 - 4	PELICAN Training - Unpacking the New DOH Regulations
p.m.	Fiscal Management Committee Meeting (private)
2:45 - 4:15 p.m.	PELICAN Training - CMS Guidance to Emergency Preparedness Exercise
5 - 7 p.m.	Welcome Reception

WEDNESDAY, SEPTEMBER 27TH

7:30 a.m. - 3 p.m.	Continental Breakfast
7 - 8 a.m.	Registration
8 - 9 a.m.	2023-2024 Legislative and Regulatory Update from PA DHS
9:15 - 10:15 a.m.	The Next Evolution of Healthcare Delivery: Leadership Strategies



- 10:30 - 11:30 a.m. Person-Centered Dementia and Behavior Care: Clinical Impact, Staffing Efficiencies and Quality Matters
- 11:45 a.m. - 12:45 p.m. Lunch
- 1 - 2 p.m. Top 10 Regulatory and Employment Issues Facing Providers in 2023 and Beyond
- 2:15 - 3:15 p.m. Senior Living Industry Update and Medicare Reimbursement Options
- 3:30 - 5:30 p.m. Happy Hour

THURSDAY, SEPTEMBER 28TH

- 7:30 - 11 a.m. Registration
- 8 - 9 a.m. PACAH Business Meeting & Sponsor Meet & Greet/Breakfast
- 9:15 - 10:15 a.m. Communication Strategies For Functional Exchanges with Complex People & Situations
- 10:30 - 11:30 a.m. Creative Solutions to Complex Nursing Home Transitions: Creating a Plan for Success

Full Conference agenda begins on page 14



Pennsylvania Coalition of Affiliated
Healthcare & Living Communities

2023 TENTATIVE FALL SUMMIT AGENDA

CREDIT APPROVAL NOTICE

NHA: This program has been approved for Continuing Education for 19 total participant hours (12 maximum available) by NAB/NCERS: In-Person Approval - 20240924-14.50-A96394-IN

PC: PACAH is an approved provider through the Department of Human Services Bureau of Human Services Licensing. Total CEUs available: 2

RN: This program offers 14.5 total credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing. (14.5 maximum available)

CPE: PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 6.5 total credit hours.

CEU LEGEND

NHA - Nursing Home Administrators RN - Nursing
PC - Personal Care Home Administrators CPE - Fiscal

CERTIFICATES OF ATTENDANCE

Certificate of attendance retrieval information will be distributed via email by October 13, 2023. NAB/Ncers CEUs will be uploaded to the registry per NAB/Ncers guidelines by October 23, 2023

SPEAKER & CONFERENCE EVALUATION

Online evaluation forms will be sent via email post-conference. Please take a moment to complete this evaluation. Accredited continuing education organizations require a completed evaluation. These evaluations also help PACAH improve our conference process and educational sessions.

MONDAY, SEPTEMBER 25TH - FISCAL DAY

REGISTRATION

9 a.m. - 3:30 p.m.

Bridgeport

GENERAL SESSION - FISCAL OFFICERS GROUP (FOG) MEETING & OLTL UPDATE

10 a.m. - noon

Lancaster Ballroom

NHA – 2

RN – 2

CPE - 2

The session will include updates from the Pennsylvania Office of Long-Term Living, including an update on the new projections of the new Fee-for-Services payment model, questions around the three component system implemented at the beginning of 2023, as well as an update on the new IGT tables for 2024. Participants will include Dan Sharer, Director Bureau of Finance for Office of Long-term Living, and Juliet Marsala, Deputy Secretary for Office of Long-term Living.

Juliet Marsala

*Deputy Secretary
Pennsylvania Office of Long Term Living*

*Daniel Sharar
Director, Bureau of Finance
Pennsylvania Office of Long Term Living*

LUNCH - SPONSORED BY CHR CONSULTING SERVICES, INC.

**noon - 1 p.m.
Gettysburg Ballroom**

GENERAL SESSION - MEDICAID PENDING AND COLLECTIONS - PRIVATE PAY & PATIENT PORTIONS

**1 - 2 p.m.
Lancaster Ballroom**

**NHA – 1
RN – 1
CPE - 1**

Medicaid Pending

The method for maintaining a thorough Medicaid pending list is to stay on top of seven (7) things you need to know. The first part of this session will cover these seven things: stay in contact with the County Assistance Office Caseworker; obtain and provide the documentation requested; know the effective date; know the deadline; denied or still pending; stay in contact with the County Assistance Office, and monthly income.

Collections - Private Pay & Patient Portions

The best method for improving and maintaining a strong collections program is to prevent as much of the risk as possible before a collection concern arises. The most crucial time to assess risk is pre-admission. Thorough review is required pre-admission and on the day of admission to manage that risk. In the second part of this session, speakers will cover important details to pay attention to because once the resident is admitted and in the facility, it may not be possible to discharge, or diffuse any collection problems that may arise.

*Amy Huey
Billing Specialist
CHR Consulting Services, Inc.*

*Kimberly Patterson
Business Office Consultant
CHR Consulting Services, Inc.*

GENERAL SESSION - BUDGETING PROCESS AND THE USE OF ANALYTICS

**2:15 - 3:15 p.m.
Lancaster Ballroom**

**NHA – 1
RN – 1
CPE - 1**

In this session, the speakers will discuss the use of analytics in the budgeting process. Topics of discussion will include: Review of data warehouse structure for developing Business Intelligence analytics; use of Power BI to analyze operational results; preparing a detailed budget for all aspects of revenue and expenses; utilizing a data warehouse that stores all financial and census data for multiple years that is used in repopulating an excel macro driven budget model; discussing the importance when budgeting wages for FTE's the need to budget for all different types of earnings, replaceable hours, nursing staffing mandates for HPPD's and LPN/CNA ratios; the flexibility to budget expenses by PPD's, fixed amounts, days in the month, pattern trends, any different combination; the importance of budgeting direct care to meet mandates and ratios; incorporating DSCR and cash availability from budget; assessment revenue and expenses carving out add on component; census budgeting by trends or other parameters.

*Kevin Koval
VP, Financial Services
CHR Consulting Services, Inc.*

TUESDAY, SEPTEMBER 26TH

REGISTRATION

9 a.m. - 4 p.m.
Bridgeport

PACAH EXECUTIVE BOARD MEETING AND LUNCH (PRIVATE)

10 a.m. - noon
Governor Boardroom

GENERAL SESSION - PELICAN TRAINING

PART ONE: UNPACKING THE NEW DOH REGULATIONS

1 - 2:30 p.m.
Lancaster Ballroom
NHA – 1.5
RN – 1.5

At the time of the Summit the new nursing home regulations will have been in effect for approximately three months. On October 31, additional requirements for licensure renewal and changes of ownership start. Has your world turned upside down or are you thriving in this new regime? This session will explore the impact the regulations have been having so far, particularly with respect to staffing issues. We will also discuss strategies for remaining compliant with new reporting requirements involving your governing bodies and the Department's expectations surrounding quarterly facility assessments. Participants will be encouraged to ask questions and share recent experiences and challenges.

Paula G. Sanders, Esq.
Principal
Chair, Health Care Practice Group
Post & Schell, PC

PART TWO: CMS GUIDANCE TO EMERGENCY PREPAREDNESS EXERCISE EXEMPTION BASED ON A FACILITY'S ACTIVATION OF THEIR EMERGENCY PLAN

2:45 - 4:15 p.m.
Lancaster Ballroom
NHA – 1.5
RN – 1.5

The Centers for Medicare & Medicaid Services (CMS) defines testing exercises as 1) Full-scale functional and individual facility-based exercises a required. 2) Mock disaster drills, tabletop exercises, workshops as the exercise of choice. This also includes full-scale functional and individual facility-based exercises.

CMS has focused on reviewing facility planning while the regulations have been modified. Federal, state, and local emergency planners remain concerned with the ability of facility staff to effectively carry out a full-scale evacuation of facilities due to fire, storm, power outages, weather related or specific causes by utility failures.

The session will highlight the vast changes in emergency preparedness along with examples of tabletop exercises, identify key staff in your facility to develop the plan, implement the training, and facilitate testing implementing use of the emergency plan.

Participants will receive details on post-exemption full scale exercise and the regulations on requirements for a successful survey, along with detailed steps for utilizing the exemption and the process for a successful review.

Thomas N. Micozzie, NHA
Principal – Project Development Resources
Director of Labor Relations and Risk Management – County of Delaware

FISCAL MANAGEMENT COMMITTEE MEETING (PRIVATE)

2 - 4 p.m.

Governor Boardroom

AFTERNOON BREAK - SPONSORED BY PELICAN INSURANCE, RRG

2:30 p.m.

Prefunction Lancaster

WELCOME RECEPTION - SPONSORED BY ADVANTAGE

5 - 7 p.m.

Metropolitan

WEDNESDAY, SEPTEMBER 27TH

REGISTRATION

7:30 a.m. - 3 p.m.

Bridgeport

CONTINENTAL BREAKFAST - SPONSORED BY AMERIHEALTH CARITAS COMMUNITY HEALTH CHOICES

7 - 8 a.m.

Prefunction Lancaster

OPENING SESSION: 2023-2024 LEGISLATIVE AND REGULATORY UPDATE FROM THE PA DEPARTMENT OF HUMAN SERVICES

8 - 9 a.m.

Lancaster Ballroom

NHA - 1

RN - 1

This session will include regulatory and legislative updates from Brinda Penyak, Special Advisor to DHS Secretary. Ms. Penyak will discuss the Department's initiatives as it relates to long-term living and what to expect in the near future from a legislative and regulatory landscape. The presentation will include discussions as it relates to mental health initiatives, community needs initiatives, and the need from better support for long-term care facilities.

Brinda Penyak

Special Advisor to the Secretary

Pennsylvania Department of Human Services

GENERAL SESSION - THE NEXT EVOLUTION OF HEALTHCARE DELIVERY: LEADERSHIP STRATEGIES

9:15 - 10:15 a.m.

Lancaster Ballroom

NHA - 1

PC - 1

RN - 1

CPE - 1

Market Alert! Healthcare is experiencing dramatic changes. The goal of this session is to demonstrate the dynamic nature of healthcare delivery and how the focus has shifted from care providers to patients. New models of healthcare delivery, such as Accountable Care Organizations (ACOs) and Alternative Payment Models (APMs), have emerged to fulfill the goals of the Quintuple Aim, which includes maintaining high-quality, low-cost, equitable care that engages and recognizes individual patients, improves the health of communities, and preserves the well-being of providers. As skilled nursing providers, we are seen as a powerful adjunct for delivering care to your residents and can positively impact the health of our surrounding communities, through collaboration with quality downstream partners. The Fee for Service (FFS) model is outdated, and new models of care delivery are required to fulfill the vision of the Quintuple Aim. The Centers for Medicare & Medicaid Services (CMS) is committed to the expansion of ACOs as they have proven to be effective at driving collaboration across the network and have shown to improve patient outcomes, engagement, and value. Your facility's capacity to create a roadmap that is ready for the future can be enhanced by comprehending these challenges.

Amy Hancock

*President/CEO and Co-Owner
AdvantageCare Rehabilitation, LLC
Advantage Home Health and Hospice Services, LLC
Care Coordination Management, LLC- Palliative Care*

*Austin Hancock
Associate Vice President of Operations
Advantage*

MORNING BREAK - SPONSORED BY BOLLINGER ENERGY CORP

10:15 a.m.

Prefunction Lancaster

GENERAL SESSION - PERSON-CENTERED DEMENTIA AND BEHAVIOR CARE: CLINICAL IMPACT, STAFFING EFFICIENCIES AND QUALITY MATTERS

Lancaster Ballroom

10:30 - 11:30 a.m.

NHA – 1

RN – 1

We all need to communicate and express our needs with other people. Dementia can alter, and/or limit the ability for a person to communicate. This inability to adequately express one's needs, feelings, and frustrations can often lead to behavior(s). In the long-term care setting, this can lead to care issues, negatively impact quality measures, and staffing challenges. This session will describe a comprehensive, manageable process for therapy, nursing, and other key personnel to increase communication, provide staffing efficiencies and positively impact care and quality measures.

*Tonya Moore
Vice President
Absolute Rehabilitation and Consulting Services, Inc.*

LUNCH

11:45 a.m. - 12:45 p.m.

Gettysburg Ballroom

GENERAL SESSION - TOP 10 REGULATORY AND EMPLOYMENT ISSUES FACING PROVIDERS IN 2023 AND BEYOND

Lancaster Ballroom

1 - 2 p.m.

NHA – 1

RN – 1

Federal and state regulators have returned with a vengeance since the end of the COVID public health emergency. Further, state legislatures and the administrative tribunals overseeing employment matters have issued new decisions impacting on the work force and staffing. In this session, the presenters will focus on what they perceive as the top 10 issues currently affecting aging services providers from both a regulatory and employment perspective with an emphasis on the newest rules and regulations from State and Federal agencies. Anticipated issues include staffing, overtime, state and federal leave laws, recently implemented federal and state licensure and certification regulations, important fraud and abuse/compliance updates, and other operational issues affecting post-acute providers. The presenters will use their background and experience to provide updates and real-world examples and applications for the identified issues to ensure providers' awareness, compliance, and avoidance of common pitfalls. This session is designed to give providers a list of regulatory and employment issues to focus on during the remainder of 2023 and into 2024.

*David C. Marshall, Esq.
Managing Shareholder
Latsha Davis & Marshall P.C.*

*Andrew P. Dollman, Esq.
Shareholder
Latsha Davis & Marshall P.C.*

AFTERNOON BREAK

2 p.m.

Prefunction Lancaster

GENERAL SESSION - SENIOR LIVING INDUSTRY UPDATE AND MEDICARE REIMBURSEMENT OPTIONS

Lancaster Ballroom

2:15 - 3:15 p.m.

NHA – 1

RN – 1

CPE - 1

There are many developments happening within the senior living industry that are affecting the day-to-day operations and long-term strategies of organizations. With staffing shortages, declining census numbers, industry consolidations, and changing regulations, there are many considerations for executives to think about that will impact the direction of their organization. Add in the most recent changes – as well as proposed changes – to reimbursement rules on the national and local level, and organizational leaders have even more to think about that will impact their organization's financial performance. Join Baker Tilly for an educational presentation where our team of senior living specialists will discuss recent events within the industry. In addition to giving an industry outlook, we will be discussing all things Medicare reimbursement, including the most recent Centers for Medicare & Medicaid Services (CMS) Fiscal Year (FY) 2023 Skilled Nursing Facility (SNF) Prospective Payment System (PPS) final rule, considerations for the FY 2024 SNF proposed rule, reflections on the third year of the Patient-Driven Payment Model (PDPM) and quality measures. We will also be discussing how to minimize risk through compliance requirements by utilizing auditing and monitoring tools to capture supportive documentation such as Medicare Triple Check, Program for Evaluating Payment Patterns Electronic Report (PEPPER), Medicare advantage post-payment review request, Targeted Probe and Educate (TPE) Requests, Recovery Audit Contractor (RAC) Requests and more. Learning objectives: Recognize current developments within the industry Understand how to maximize Medicare reimbursement opportunities Identify how to minimize the risk of losing funding by understanding compliance requirements.

Edward A. KLIK, Jr.

Principal

Baker Tilly US, LLP

Kristopher S. Pattison, RN, RAC-CT

Senior Manager

Baker Tilly US, LLP

Rick Snyder

Billing and Reimbursement Manager

Baker Tilly US, LLP

HAPPY HOUR - SPONSORED BY KENNEDY, PC LAW OFFICES

3:30 - 5:30 p.m.

Ad Lib

THURSDAY, SEPTEMBER 28TH

REGISTRATION

7 - 11 a.m.

Bridgeport

GENERAL SESSION - PACAH BUSINESS MEETING & SPONSOR MEET & GREET WITH BREAKFAST - SPONSORED BY UPMC COMMUNITY HEALTH CHOICES

8 - 9 a.m.

Susquehanna/Allegheny Ballrooms

NHA – .5

RN - .5

CPE - .5

PACAH's Executive Director will update members on current policy, regulatory and legislative issues impacting long-term care

facilities. These updates will include information on funding, IGT, Community HealthChoices, COVID-19, and other pertinent issues.

Following PACAH's meeting, PACAH Summit sponsors will take a few minutes to introduce themselves to all of you and showcase their companies. Please be sure to attend and show our sponsors your support!

GENERAL SESSION - COMMUNICATION STRATEGIES FOR FUNCTIONAL EXCHANGES WITH COMPLEX PEOPLE & SITUATIONS

Delaware/Juniata Ballrooms

9:15 - 10:15 a.m.

NHA – 1

PC - 1

RN – 1

Overview: It's impossible to avoid working with difficult people, often finding them at all facility levels. They can have an impact on your facility operations/goals, staffing levels, facility morale, patient outcomes, and census. All can contribute negatively to your bottom line. This program will describe personality types and associated behaviors that contribute to negative outcomes. We will discuss strategies in interacting with various personalities, and effective communication protocols to mitigate conflicts and improve cooperation. Through an interactive exchange, we will introduce educational strategies that will defuse tension and facilitate positive outcomes, including staff retention and resident/family satisfaction.

*Heather Meadows, CCC/SLP
Director of Operations, CDP
Premier Therapy*

*Julia Bellucci, MS, CCC-SLP
Director of Clinical Development
Premier Therapy*

GENERAL SESSION - CREATIVE SOLUTIONS TO COMPLEX NURSING HOME TRANSITIONS: CREATING A PLAN FOR SUCCESS

Delaware/Juniata Ballrooms

10:30 -11:30 a.m.

NHA – 1

RN – 1

Helping someone transition from a nursing facility back to the community is already challenging; add in medical complexities, behavioral health needs, and complicated family dynamics, it's enough to make your head spin. In this session we will review how to creatively develop solutions to support successful care transitions. Creating a safe plan of care while mitigating as many risks as possible is a delicate balance, one done best with a dynamic Interdisciplinary Care Team. Panelists from health plans in Pennsylvania and Delaware will share best practices from each state including essentials to transition planning, collaboration with community-based organizations and key data sharing elements to promote safe transitions. Learn how to problem solve cases from hoarding disorder, to medically complex including individuals with Alzheimer's disease and related dementias to the one-of-a-kind situations that will challenge any care team.

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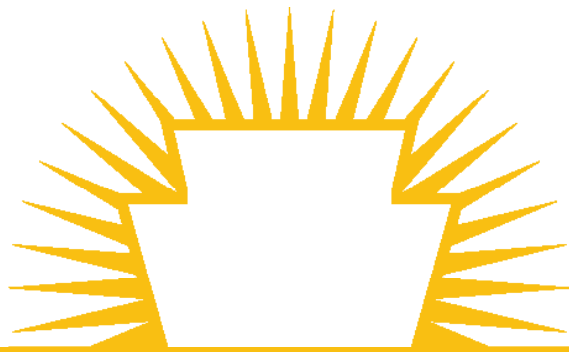
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