# Support Your Environmental Services Team with the Tools They Need for Success

Presented By:
Dan Smith, T-CHEST, CIC
Manager of Healthcare Solutions - East
Hillyard, Inc.
danielsmith@hillyard.com



## Who Am I

- Graduate of University of Southern Maine, B.S. Economics
- Been in the Healthcare field for 20 years, Bayer, Converge Dx, Diagnostic Laboratory Medicine, Hillyard.
- Been fortunate to have seen most pathogens under a microscope.
- CIC and T-CHEST certifications
- Former Portland Pirate Goaltender.
- President of The Samantha C. Smith Foundation: <a href="www.scsfund.org">www.scsfund.org</a>



# Agenda

- Recruit and Retain EVS Staff plus other HCP's?
- How many FTE's does it take to clean and disinfect a facility?
- Cleaning Strategies to improve cleaning outcomes.
- Health Care Trends.



# Questions, But Do you have the Answers?

- How many people should it take to clean our facility?
- How much product should we be using?
- How can we improve productivity?
- How do we improve quality?
- How do we meet compliance?

- How can we lower our cleaning costs?
- How can we train and retain staff?
- How do we reduce just one HAI?
- How do we stay tag free in EVS?



# How do you Recruit NOW?

- LinkedIn Maybe?
- Facebook Maybe?
- Instagram Should be!
- Snapchat Ditto!!
- Mobile Friendly?
- Employee referral program?



# Problem: State of Labor

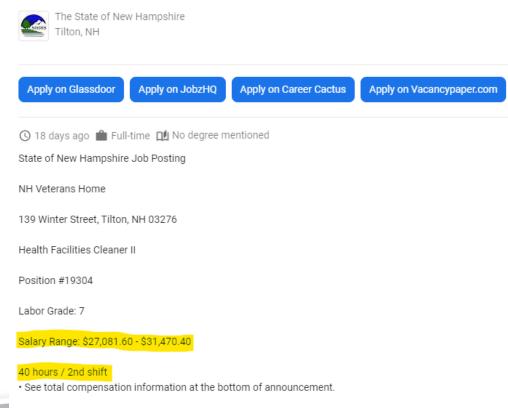
- Employee's jumping ship
- Not enough Labor in the pool
- Sign on Bonus' elsewhere!
- Increase wages per hour!
- Better benefits!



# The Competition



### **HEALTH FACILITIES CLEANER II**







# Elevate Yourself thru EVS/Dietary

- Program Designer: Jeff Demers
- Solution Health System Elliot Hospital and Southern NH Medical Center
- Career Path EVS/Dietary staff to an advanced degree

- Benefits
- Pipeline of EVS/Dietary Staff
- Create a knowledgeable and loyal staff that are now LNA's
- A better awareness in Nursing RE: cleaning/disinfecting



# Program Design

- EVS/Food Service Staff Full Time
- Min. 6 months employed
- Accelerated program for LNA
- Go to school during the day/paid

- Pass State Board
- Choice of position i.e., 11PM-7AM
- Shadow with nursing
- Trial period 90 days
- 1-2 yr. commitment to work for Elliot



# Results

- In 2 Years
- 12 EVS Staff completed LNA
- 4 are still with the Elliot Hospital

- 12 Dietary Staff completed LNA
- 10 are still with the Elliot Hospital

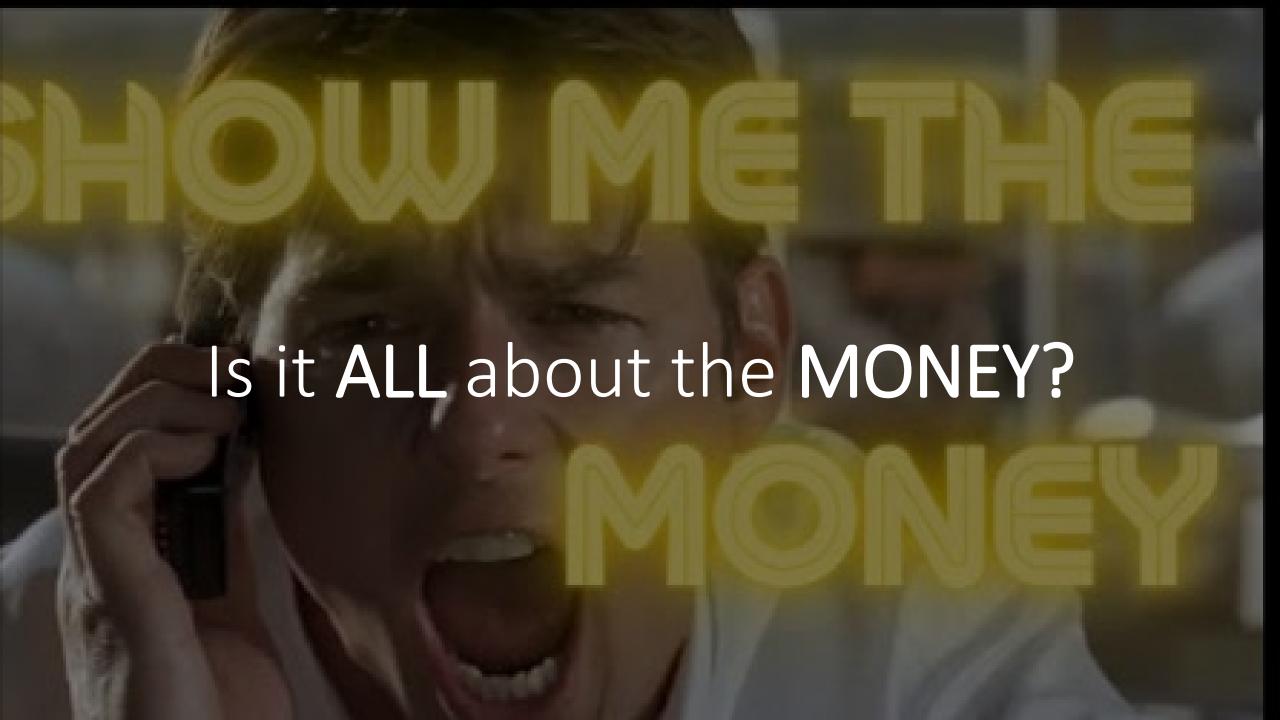


# Starting Wage

- Elliot Hospital \$17/hr.
- Kendal at Hanover \$17/hr.
- DHMC \$17/hr.
- Something about \$17

- EH -Week of 9-20-2021
- 6 Dietary Staff Hired
- 5 EVS Staff Hired





# How can we train and retain staff?







# What is the Average Cost per HAI?

- A. Less than \$2,000 per incident?
- B. Less than \$5,000 per incident?
- C. Less than \$1,000 per incident?
- D. Between \$6,000 \$30,000 per incident?



# Manufacturing Institute's Center for Manufacturing Research and the American Psychological Association – Study July 2021

Eight in 10 workers said they stay with their employer because they enjoy the work.

Nearly 7 in 10 employees (69 percent) under the age of 25 indicate they stay with their current employer because of training and development programs offered.

While competitive pay and benefits are important, work that increases positive experiences on the job improves worker retention.

Ensuring every employee understands how their efforts are linked to the company's overall success is one of the most successful worker-retention strategies.

Employees who feel valued are much more likely to be engaged with their work, less likely to feel stressed during the workday, and less likely to leave their jobs.

# Retention of Employee's

- Training Program for EVS staff
- Quality Control App Who is doing a great job?
- Allow a longer lunch break or an extra break.
- Offer to pay to have workers' car or home cleaned sometimes.
- Award workers a gift card that will pay for a subscription to Netflix or other another streaming service.

- Pay for a week's or month's subscription to a meal delivery service. Hello Fresh.
- Give workers paid time off to volunteer.
- Sign employees up for a laundry service.
- Sign employees up for cooking lessons.



# How many people should it take to clean a facility? Case Study: Hunt Community

- Total Sq/ft 208,000
- Cleanable Sq/ft 136,611
- EVS Staff Consists of:
- 1 Float Cover PTO
- 1 Floor Tech
- 3 for SNF

- 3 for the Apartments
- 2 for Laundry



## <u>HUNT COMMUNITY</u> Total Fixtures (Enterprise)

# HUNT COMMUNITY Total Fixtures (Enterprise)

<u>FIXTURE</u>	FIXTURE COUNT	<u>FIXTURE</u>	FIXTURE COUNT
Urinals	2	Hot Tubs	1
Toilets	215	Trash Cans, Small	187
Sinks	320	Trash Cans, Large	22
Computers	73	Trash Cans, Small Recycle	7
Mirrors	311	Trash Cans, Large Recycle	7
Dispensers, Hand Soap	105	Glass, Pieces Of (1 Minute Per Each)	1,985
Dispensers, Paper Towel	104	Chairs	435
Dispensers, Toilet Paper	109		
Dispensers, Sanitary Napkin	2	Desks	870
Trash Cans, Sanitary Napkin	7	Tables	396
Drinking Fountains	20	Vending Machines	6
Workout Machines	12	Chairs, Upholstered	1,359
Equipment	6	Hand Dryers	8
Beds	181	Smartboard	1
Tubs	85	Dispensers, Hand Sanitizer	13
Shower	123		
Mats, Walk-Off	4		

# HUNT COMMUNITY Total Square Feet (Enterprise)

<u>Area</u>	Floor Type	Total Square Feet
Beauty Shop	Finished Ceramic	869
Beauty Shop	Finished Resilient	43
Chapel	Carpet	378
Commons Area	Carpet	6,977
Commons Area	Finished Resilient	80
Dining Room	Carpet	5,229
Dining Room	Finished Synthetic	1,332
Dining Room	Finished Ceramic	725
Elevators	Carpet	114
Elevators	Finished Resilient	70
Elevators	Unfinished Synthetic	55
Entrances / Lobbies	Carpet	3,423
Entrances / Lobbies	Finished Ceramic	1,144
Exercise Rooms	Finished Resilient	872
Exercise Rooms	Carpet	392
Hallways	Carpet	22,778
Hallways	Finished Resilient	970
Kitchen	Finished Ceramic	2 021

## HUNT COMMUNITY Total Square Feet (Enterprise)

<u>Area</u>	Floor Type	Total Square Feet
Laundry Room	Finished Resilient	509
Laundry Room	Finished Ceramic	100
Nurse/Physician Station	Carpet	101
Offices	Carpet	4,003
Offices	Finished Resilient	378
Offices	Finished Ceramic	<b>2</b> 1 . 200
Patient Room (One Bed)	Carpet	7,074
Patient Room (One Bed)	Finished Ceramic	1,028
Resident Rooms	Carpet	58,080
Resident Rooms	Finished Ceramic	13,495
Resident Rooms	Finished Resilient	157
Restrooms (Multiple)	Finished Ceramic	1,030
Restrooms (Single)	Finished Ceramic	802
Restrooms (Single)	Finished Resilient	232
Shower Rooms	Finished Ceramic	649
Stairwells / Landings	Finished Concrete	600
Stairwells / Landings	Finished Hard Floor	286
Stairwells / Landings	Finished Resilient	150



# How Many FTE's Do You Think it Will Take to Clean Hunt Community?

- A. 5 or less FTE's
- B. 10 or less FTE's
- C. 15 or less FTE's
- D. 20 or less FTE's
- E. 25 or less FTE's



## AHE – Association of Healthcare Environment

## **Types of Staffing Analysis Models**

- Directly Proportional Staffing: Strip/Recoat, Vacuum, Autoscrubbing, Dust mopping
- Linearly Related Staffing:
   Spot Floor Care, Utility Closets,
   Nurses lounge.
- Not Related Staffing: Terminal/Discharge Cleaning, Entrance way Door/Glass/Trash

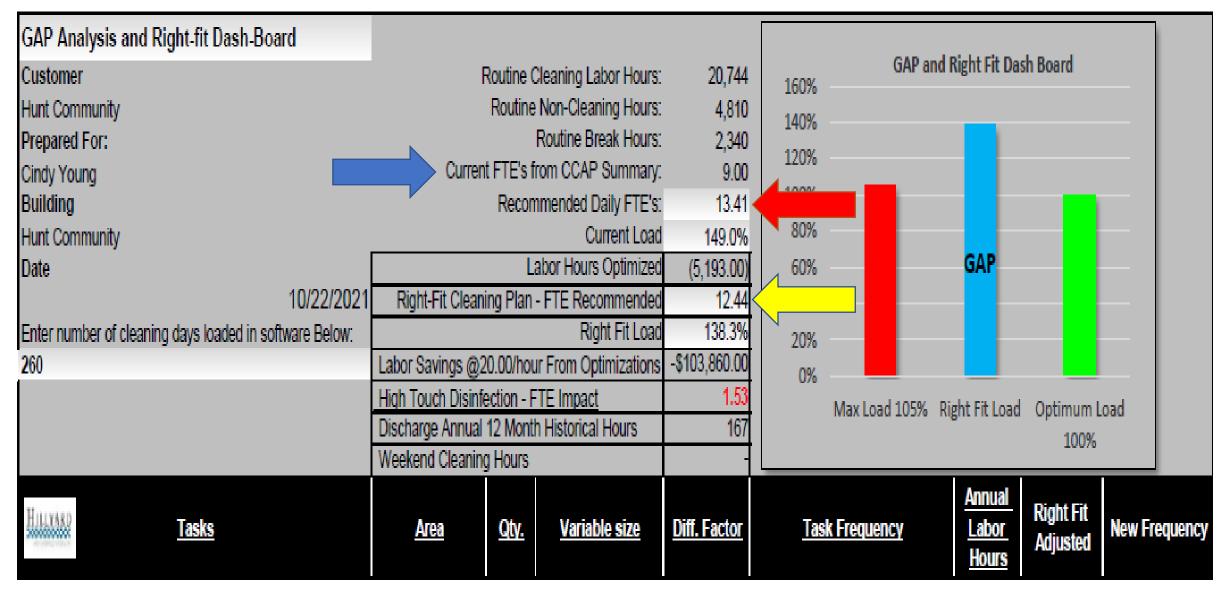
## **Definitions of Models**

- Can be used where cleaning of areas is directly proportional to the size or sq/ft of the area.
- Areas where the cleaning time is related or linked to the sq/ft, but not directly tied to sq/ft.
- Areas not related to sq/ft

# ISSA – International Sanitary Supply Assoc.

- A. 612 items for Cleaning Times
- **B. Single Task Example:** How many minutes does it take to mop 1,000 cleanable square feet of floor with a 14-inch flat mop and dual-chamber bucket?
- **C. Bundled Tasks Example:** How many minutes does it take to spot clean 2,000 cleanable square feet, including emptying trash and relining the can, spot wiping, spot dusting, and picking up debris from the floor?
- **D. Fixture Method:** How many minutes does it take to clean a restroom with 10 fixtures, including emptying trash; cleaning and disinfecting fixtures, mirrors, and partitions; replacing supplies; dusting; sweeping; and wet mopping the floor?





Switch all vacuums to 14 inch - 2-motorup-rights Switch vacuums in hall to ATV 24



# Understanding the Gaps

## Infection risk 2X

A patient admitted to a room that previously housed a patient colonized or infected with a pathogenic bacteria, which included MRSA, VRE, or C. difficile, was twice as likely to be infected with the same pathogen.<sup>1</sup>

# Compliance <22%

A recent study reported less than 22% full compliance with contact isolation precautions in CDI patient rooms<sup>2</sup>

# <u>Time</u> 25-30%

EVS workers never have enough time to perform cleaning<sup>3</sup>

- · 30% not enough time for daily cleaning
- 20% not enough time for discharge cleaning

Cleaning Efficacy <50%

**Fewer than 50%** of hospital room surfaces are adequately cleaned and disinfected.<sup>4</sup>

- 1. Mitchell BG et al. J Hosp Infect. 2015; 91(3):211-217
- 2. Yanke E et al. Am J Infect Control . 2015; 43(3):241-247.
- 3. Bernstein D A et al. Infect Control Hosp Epidemiol. 2016;13:1-4.
- 4. Carling PC, Huang SS. Infect Control Hosp Epidemiol 2013; 34(5):507-513.



# Findings?

## **Already In Place**

- Microfiber Program
- 1 FTE as a Float to Cover PTO
- Interim Carpet Cleaning
- Floor Tech Program

## Things to Improve Productivity

- 14" Dual Motor Vacuum
- Stand On iChariot 24 ATV
- Training & Education to Clean Efficiently
- Resident Room T & E
- CoBot Mechanization



## Mechanization

Karcher KIRA CV 60/1 18,000 sq/ft per hour 3.5 – 4.5 hour run time Powered by Brain Software

.22-.26 FTE to run

# MEET THE VACUUM WITH A MIND OF ITS OWN.

KARCHER

The **KIRA CV 60/1** autonomous vacuum allows you to clean smarter than ever before. An intuitive cloud based AI operating system catapults performance and regard for safety beyond expectations.

### **CLEAN SMARTER**

#### PRODUCTIVITY

- Perfect cleaning route every time.
- Clean large scale areas without supervision.
- Cloud based Al constantly learns and improves performance.
- Lithium-lon battery for increased runtime.

#### SAFETY <<</li>

- Smart Detection System safely avoids people and obstacles.
- Over 80+ Billion sq. ft. safely cleaned.

#### EFFICIENCY <<<</li>

- Improved consistency and coverage results in an increased ability to meet the scope of work and customer satisfaction.
- HEPA filtration facilitates healthier work environments.

Guaranteeing the safety & integrity of your business is key. In the past, you've relied solely on traditional cleaning solutions for your facility. Today's climate finds business faced with turnover, unreliable coverage and incomplete reporting. **Now,** KIRA combines a human concern for safety with the precision and consistency of artificial intelligence.

BE ONE OF THE FIRST TO DISCOVER KIRA TODAY.

brain





Tennant 380 AMR powered by Brain 33,440 sq/ft per hour .26 FTE to run



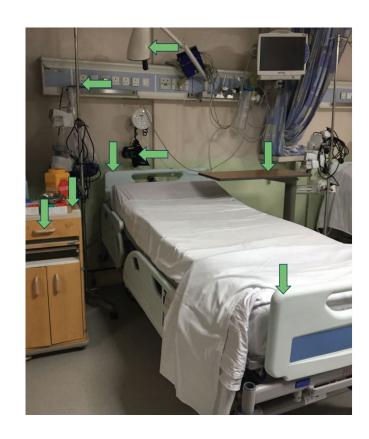


# Best Practice Resident Room/Bathroom Cleaning

- Cleaning Process: Hi/Low, Left/Right, Clean/Dirty
- Written Instructions for: IL, AL, SNF
- Proper Disinfectant/Tools
- Microfiber: Change after every room
- Patient Equipment: Who is responsible?
- Checklist
- Validation
- Recognize errors are inevitable when people are involved



# **CDC High Touch Points**





- Bed Rails
- Bed Frames
- Tray Table
- IV Poles
- Call Box
- Bedside Table
- Telephone
- Inner Door Knob

- Light Switch
- Sink
- Chair Arm Rest
- Bathroom Hand Rail
- Toilet Handle/Seat
- Handles/Door Knob
- Equipment Surfaces



# **Healthcare Trends**

- Because increasing evidence suggests that the environment plays a role in transmission of health care-associated infections, more attention is focusing on environmental cleaning and improving its efficacy.
- Creating and sustaining a successful cleaning and disinfection program should include several key components using a bundle approach and requires ongoing commitment within the institution.

American Journal of Infection Prevention (AJIC)



# Understanding the Healthcare Challenge

## HEALTHCARE ACQUIRED INFECTION (HAI)

- HAIs account for:
  - Estimated 2 million infections annually
  - 100,000 associated deaths each year
  - 1 in 20 hospitalized patients will develop and HAI
  - 1 in 43 nursing home residents will develop and HAI
- HAIs affect 5 to 10% of hospitalized patients annually



"Let me guess...it's contagious!"

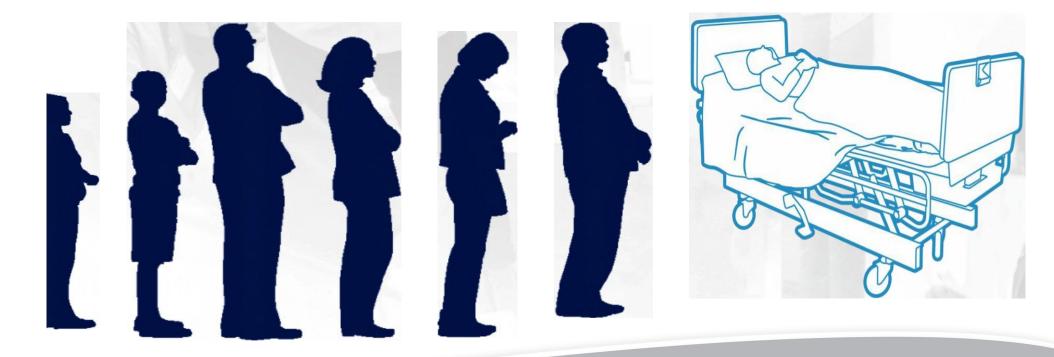


- HAIs: The Human Toll
  - Loss of wages
  - Loss of productivity
  - Legal costs
  - Hardship on families
  - No price can be assigned to the loss of a loved one due to a Hospital Acquired Infection





• 5.5 room entries per hour





## Patient room activity...

Average number of room entries 5.5/hour Average number of people in room during waking hours 82.5 (15 hours \* 5.5/hr = 82.5 people)

## What did they touch...

Bedrails = 3.1 Over bed table = 1.6 IV pump = 1.4 Bed surface 1.3



Cohen et. Al., "Frequency of patient contact with healthcare personnel and visitors: implication for infection prevention", Jt Comm J Qual Patient Safety, 2012;38 (12): 560-565.



- Opportunities for pathogen exposure...
  - Room entries per hour = 5.5
  - Bedrail contacts per hour = 17.1 (5.5 \* 3.1)
  - Bedrail contacts per 15-hour patient day = 256
- We should not be surprised that surfaces in the patient zone contribute to pathogen exposure given the frequency of contact and the limited disinfection.

3ft / 1m from center of the bed

3ft / 1m from center of the bed

3ft / 1m from center of the bed

Cohen et. Al., "Frequency of patient contact with healthcare personnel and visitors: implication for infection prevention", Jt Comm J Qual Patient Safety, 2012;38 (12): 560-565.



- Number of times bedrail is disinfected by EVS = 1
  - Probability of EVS disinfecting the bedrail = 50%
- Number of times per day bedrail is disinfected by clinical staff = ?? (probably zero)
  - Probability of clinical staff performing hygiene = 40%



Gauthier, "Collaborate Environmental Hygiene", AHA/AHE, 2017





# Guidelines for Disinfection in Healthcare Facilities





Available on CDC web page

http://www.cdc.gov



# Questions?



