

# PACAH

Pennsylvania Coalition of Affiliated  
Healthcare & Living Communities



# 2024

# SPRING CONFERENCE

April 15 - 17, 2024

Penn Stater Hotel & Conference Center  
State College, PA



**Get all the benefits of a statewide association, at a price you can actually afford.**

**PACAH**  
 Pennsylvania Coalition of Affiliated  
 Healthcare & Living Communities

**Make your voice heard - JOIN TODAY!**

**PACAH MEMBERSHIP BENEFITS:**

- Affiliation with the County Commissioners Association of Pennsylvania (CCAP), giving members an instant lobbying influence unparalleled by other associations
- An association seat on CCAP's Human Services Committee and commissioner liaisons to PACAH, providing policy support from local elected officials
- One "FREE Call" with expert legal counsel plus follow-up reduced legal services
- Opportunity to sit on PACAH's committees
- Regular email and newsletter updates on issues impacting long-term care for an unlimited number of staff
- Access to PACAH Listserv to discuss issues with fellow members
- FREE webinars with CEUs
- Regional meetings to discuss issues with members
- Discounted registration fees to PACAH's two yearly statewide conferences, offering NHA, PC, RC/AL, Fiscal, Nursing and Dietary credits and the opportunity to network and learn from premier experts in the healthcare and long-term care industry
- FREE quarterly fiscal staff meetings with OLTL staff
- And more!

**CONTACT**

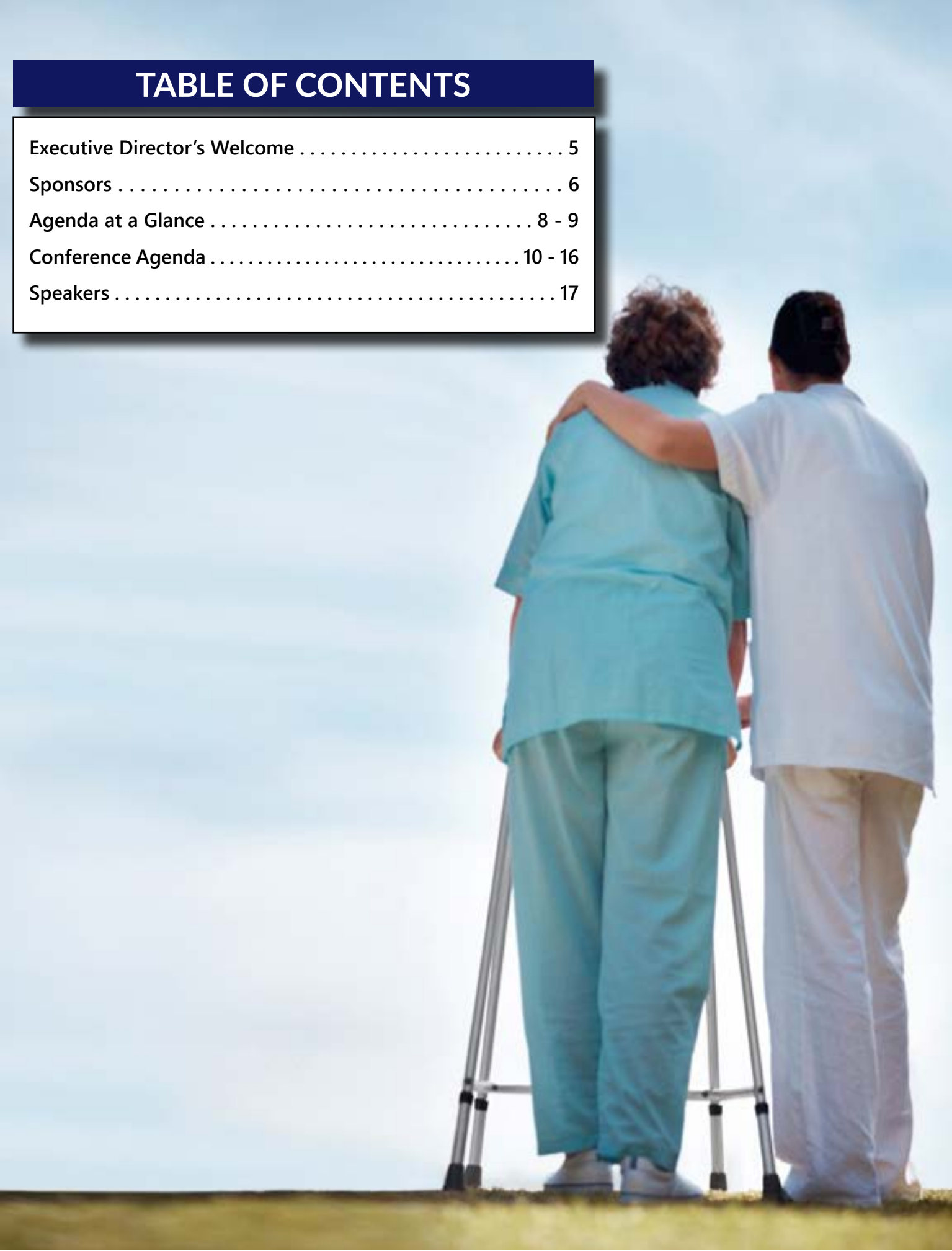
Chase Cannon  
 Executive Director  
 ccannon@pacounties.org  
 (717) 736-4732

Kim Deline  
 Meeting & Marketing Manager  
 kdeline@pacounties.org  
 (717) 736-4741



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## Healthcare is changing – but one constant is Advantage!

Headquartered in Pittsburgh, PA, Advantage is a comprehensive post-acute care solution that caters to the needs of patients and customers. Our services encompass contract therapy, outpatient therapy, home health, and hospice. This integrated approach aligns with the industry shifts, enhances patient outcomes, and improves overall performance measures for our partners.

At Advantage, we provide “*Better Service, Better Quality, and Better Results*” to patients, customers, and employees alike.



5035 Clairton Blvd., Pittsburgh, PA 15236  
888.384.0395 | [www.feeltheadvantage.com](http://www.feeltheadvantage.com)

## Welcome from PACAH’s Executive Director

Dear PACAH members and conference attendees –

Welcome to PACAH’s 2024 Spring Conference. We have constantly worked since last Spring to try and improve the Spring Conference experience, and I think you won’t be disappointed.

Over the past year, we have adjusted our approach to more value added content and experiences for PACAH Members. We have expanded our monthly newsletter content to provide more guidance on regulatory issues. We have worked to better prepared content to meet the emergency preparedness and infection control requirements for licensure. We have even reorganized the structure of our conferences to allow for a hybrid option so every member of each facility can join if they can’t attend in person. The 2024 Spring Conference is no different.

The 2024 Spring Conference will be held in one room so PACAH members don’t have to transition from room-to-room. We have expanded our nighttime activities to provide better engagement for in-person attendees. We have even created continuing education credits for our vendor reception. We think this new structure will provide people with a more engaging experience.

In this same spirit, PACAH will be announcing a new YouTube channel for the Summer of 2024 that we hope will provide resources to not only members but to residents as well. We believe we are moving in the right direction and hope you will join us as we move into the future.

As we move into Summer and Fall of 2024, we will continue to work to improve the PACAH member experience and provide the resources you need to care for residents and their family members. We hope everyone enjoys the Conference and look forward to greater success in the future.

Along with our President, Bill A’Amico, Executive Board, and Kim, I want to thank everyone for making this conference possible.

Chase Cannon  
Executive Director, PACAH



# 2024 PACAH SPRING CONFERENCE SPONSORS

## Advantage - Name Badges

feeltheadvantage.com  
 Chaz Balsano  
 Business Development  
 (888) 384-0395  
 chazbalsano@feeltheadvantage.com



Advantage is your true post-acute care provider for contract therapy, home health, and hospice services. Advantage is proud to be one of the oldest and most trusted health care providers for skilled nursing facilities, hospitals, and other healthcare organizations. For 20 years, our team of dedicated and compassionate providers has worked with facilities and their residents to offer high-quality, comprehensive care that continues from post-acute care through to hospice care and beyond.

Whether you are a facility administrator seeking to improve patient outcomes or a family member looking for the right home health care solution for your loved one, the Advantage team can help.

At Advantage, our mission is to provide a comprehensive and consistent continuum of care via a wide range of healthcare services to skilled nursing facilities, assisted living facilities, hospitals, and other healthcare organizations. Our ultimate goal is to ensure a smooth transition for patients while enhancing the financial outcomes of the healthcare facility.

## CHR Consulting Services, Inc. - Continental Breakfast

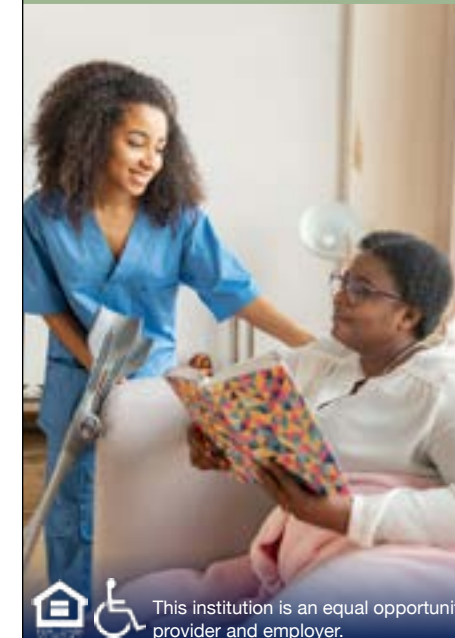
chrconsultingservices.org  
 Tricia Whaley  
 Senior Director Provider Relations  
 (267) 965-1010  
 twhaley@chrmail.org



CHR Consulting Services, Inc., offers an array of consulting and support services and has been serving customers for 35+ years. Our consultants are skilled in providing operational, clinical and financial consulting to senior care and home-and-community-based organizations.

We utilize the resources of our consulting and financial services to provide customer-focused services, such as clinical reimbursement advisory services, directed in-services, mock surveys, clinical advisory services, strategic planning, community outreach, human resources support, information technology services and financial services (including payroll, accounting, accounts payable and third-party billing).

Our mission is to provide an array of adaptive consulting and support services to senior care and community-based organizations, with a vision to positively impacting the lives of individuals through inspired teamwork and innovative collaboration.



This institution is an equal opportunity provider and employer.



A NONPROFIT ORGANIZATION PROVIDING AN ARRAY OF ADAPTIVE CONSULTING AND SUPPORT SERVICES TO SENIOR CARE AND COMMUNITY-BASED ORGANIZATIONS

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Visit [CHRConsultingServices.org](https://CHRConsultingServices.org) or call **800.951.0410** today to see how we can serve your organization!

Join Kay Hashagen, Senior Consultant on Tuesday, April 16, 2024 from 10:30 -11:30 a.m. Challenges and Projections Related to PDPM in 2024 (General Session)



Compliance and Risk Management Experts



www.lw-consult.com



Join Annette Sanders Senior Consultant on Wednesday, April 17, 2024 from 10 -11 a.m. Preventing those Immediate Jeopardy Citations





Pennsylvania Coalition of Affiliated  
Healthcare & Living Communities



# 2024 Spring Conference

... AT A GLANCE



## MONDAY, APRIL 15TH

10 a.m. - noon	PACAH Executive Board Meeting (Private)
noon - 5 p.m.	Registration
1 - 2:30 p.m.	PELICAN Training - Buckle Your Seatbelts: Risk Turbulence Ahead for LTC Providers
2:30 p.m.	Afternoon Break
2:45 - 4:15 p.m.	PELICAN Training - Buckle Your Seatbelts: Risk Turbulence Ahead for LTC Providers
2 p.m. - 4 p.m.	Fiscal Management Committee Meeting (Private)
5 - 7 p.m.	Welcome Reception, Trivia, Arcade Games & Raffles

## TUESDAY, APRIL 16TH

7 - 9 a.m.	Continental Breakfast
7:30 a.m. - 3 p.m.	Registration
8 - 9 a.m.	Outreach Strategies
9:15 - 10:15 a.m.	Refocusing on Function: Importance, Practices, and Processes
10:30 - 11:30 a.m.	Challenges and Projections Related to PDPM in 2024
11:45 a.m. - 12:45 p.m.	Lunch
1 - 2 p.m.	2024 Employment Law Update
2:15 - 3:15 p.m.	Infection Prevention - Be Aware of the Danger but Recognize the Opportunity

3:30 - 5:30 p.m.	<u>Vendor Show Reception with Educational Sessions</u>
3:30 - 3:45 p.m.	Limitations of X-Ray Imaging
4 - 4:15 p.m.	Overall Quality Rating of one to Five Stars Based on Nursing Home Performance
4:45 - 5 p.m.	Powerful Partnerships in Long-Term Care
5:15 - 5:30 p.m.	Creative Thinking While Running a SNF

## WEDNESDAY, APRIL 17TH

7:30 - 10 a.m.	Registration
7:30 - 9 a.m.	Continental Breakfast
8 - 8:30 a.m.	PACAH Business Meeting
8:45 - 9:45 a.m.	The Intersection Between Adverse Surveys and Litigation: Ways to Avoid Being Caught in the Middle
10 - 11 a.m.	Preventing those Immediate Jeopardy Citations

### CREDIT APPROVAL NOTICE

This program has been approved for Continuing Education by NAB/NCERS:  
In-Person Approval: 11.5 CEUS - 20250414-11.50-A102627-IN  
Distance Learning Approval: 10.5 CEUS - 20250414-10.50-A102690-DL

PACAH is an approved provider through the Department of Human Services Bureau of Human Services Licensing.  
Total CEUs available: 3

This program offers credit hours fulfilling the requirements of the Pennsylvania State Board of Nursing.  
In-Person: 11.5 CEUS      Distance Learning: 10.5 CEUS

PACAH is registered with the Pennsylvania State Board of Accountancy and is approved for 1.5 total credit hours.

### CEU LEGEND

NHA - Nursing Home Administrators      RN - Nursing  
RC/AL - Assisted Living Administrators      CPE - Fiscal  
PC - Personal Care Home Administrators

### CERTIFICATES OF ATTENDANCE

Certificate of attendance retrieval information will be distributed via email by May 9, 2023. NAB/NCERS CEUs will be uploaded to the registry per NAB/NCERS guidelines.

### SPEAKER & CONFERENCE EVALUATION

Online evaluation forms will be sent via email post-conference. Please take a moment to complete this evaluation. Accredited continuing education organizations require a completed evaluation. These evaluations also help PACAH improve our conference process and educational sessions.

## MONDAY, APRIL 15TH

### **PACAH EXECUTIVE BOARD MEETING AND LUNCH (PRIVATE)**

10 a.m. - noon  
Room 112

### **REGISTRATION**

Noon - 5 p.m.  
Registration Desk One

### **AFTERNOON BEVERAGE SERVICE & BREAK**

Beverages: noon - 5 p.m.  
Snacks: 2 - 4 p.m.  
2nd Floor Break Area

### **GENERAL SESSION - PELICAN TRAINING**

Room 207  
NHA - 3  
RC/AL - 3

RN - 3

### **BUCKLE YOUR SEATBELTS: RISK TURBULENCE AHEAD FOR LTC PROVIDERS - PART ONE & TWO**

**Part One: 1 - 2:30 p.m.**

**Part Two: 2:45 - 4:15 p.m.**

This interactive session will include a robust discussion of risks facing the long-term care industry in 2024. In addition to discussing new risk areas, we will also provide strategies for mitigation.

Objectives:

- Review civil litigation verdicts and discuss lessons learned.
- Understand new federal and state enforcement actions.
- Strategize for avoiding discrimination allegations including those related to substance use disorder and other accommodations.

*Angela H. Sanders, Esq.*  
Principal, Employment & Labor Practice Group  
Post & Schell, P.C.

*Mark L. Mattioli, Esq.*  
Principal, Health Care Practice Group  
Post & Schell, P.C.

### **FISCAL MANAGEMENT COMMITTEE MEETING (PRIVATE)**

2 - 4 p.m.  
Room 112

### **WELCOME RECEPTION, TRIVIA , ARCADE GAMES & RAFFLES**

5 - 7 p.m.  
Senate Suites

## TUESDAY, APRIL 16TH

### **CONTINENTAL BREAKFAST**

7 - 9 a.m.  
Room 207

### **MORNING BEVERAGE SERVICE & BREAK**

Beverages: 7 a.m. - noon  
Snacks: 9 - 11 a.m.  
2nd Floor Break Area

### **REGISTRATION**

7:30 a.m. - 3 p.m.  
Registration Desk One

### **GENERAL SESSION - OUTREACH STRATEGIES**

8 - 9 a.m.  
Room 207  
NHA - 1  
RC/AL - 1  
PC - 1  
RN - 1

Outreach strategies continue to shift with healthcare changes. In this session we will discuss outreach strategies (both internal and external) and how to implement and empower team members. Attendees will walk away with tools that will help continue to meet the needs of customers now and in the future.

*Tricia Whaley*

### GENERAL SESSION- REFOCUSING ON FUNCTION: IMPORTANCE, PRACTICES, AND PROCESSES

9:15 - 10:15 a.m.

Room 207

NHA – 1

RC/AL - 1

RN – 1

CMS is continuing to drive the narrative on outcomes with proposed changes to the MDS as well as Quality Reporting and Value Based Purchasing Programs. The confusion with the removal of Section G and implementation of an OSA for Medicaid purposes makes correct coding of functional items crucial. This course will review the changes to each program with focus on each functional outcomes measure. We will review best practices, competencies, and the programming required to achieve good results.

Collaboration and communication strategies will be emphasized to ensure accurate capture on the MDS for rate setting and quality programs. The attendee will be able to discuss the upcoming changes to the quality reporting and value-based purchasing (VBP) programs. The attendee will be able to discuss the function-based quality measures including coding instructions, roles of the IDT and reporting processes that will drive quality improvement efforts. The attendee will be able to utilize a collaborative approach to care that will facilitate good patient outcomes and quality reporting.

Heather Meadows  
Director of Operations  
Premier Therapy

Julie Bellucci  
Director of Clinical Development & Compliance  
Premier Therapy

### GENERAL SESSION - CHALLENGES AND PROJECTIONS RELATED TO PDPM IN 2024

Room 207

10:30 - 11:30 a.m.

NHA – 1

RC/AL - 1

RN – 1

CPE - 1

The Patient Driven Payment Model (PDPM) has been in place since October 1, 2019, however, this past year, since the end of the Public Health Emergency, CMS has been more visible with reviews. TPE audits, SMRC audits, changes in the MDS 3.0 version and RAI manual have had different impacts. This session will outline root causes of increased scrutiny for PDPM, projections for CMS review the remainder of the year, and recommendations for internal monitoring to minimize impact.

Kay P. Hashagen, PT, MBA, RAC-CT  
Senior Consultant  
LW Consulting, Inc.

### LUNCH

11:45 a.m. - 12:45 p.m.

Gardens

### AFTERNOON BEVERAGE SERVICE & BREAK

Beverages: noon - 5 p.m.

Snacks: 2 - 4 p.m.

2nd Floor Break Area

### GENERAL SESSION - 2024 EMPLOYMENT LAW UPDATE

Room 207

1 - 2 p.m.

NHA – 1

RC/AL - 1

PC - 1

RN – 1

Supervisory and administrative staff are on the front lines of employee management and are often the eyes and ears of their employers' Human Resource Departments, which are responsible for compliance with a variety of federal, state, and local regulations. Supervisors must be able to spot issues and effectively deal with the ever-changing needs of the work force. The regulatory landscape is also constantly changing based on the implementation of rules, the current administration, and the composition of regulatory agency staff. Attendees will be advised about recent developments in employment and labor law, including the Family Medical and Leave Act, Title VII discrimination cases, National Labor Relations Board activity, social media issues, privacy issues, ADA compliance, FMLA best practices and compliance, and medical marijuana. Other areas of emphasis will include litigation settlements and strategies to avoid litigation altogether. The presenter will draw on his experience by sharing real life examples and hypothetical scenarios to help participants understand how various employment and labor laws apply to their worksite. Participants will learn best practices under employment and labor laws, rules, regulations and in harmony with court decisions to successfully avoid legal mistakes and the potential for litigation. Depending on the introduction of rules, regulations, legislation, and court rulings between now and Spring 2024, this session will also address other "update issues" in state, federal and local law, and address matters that are state of the industry.

Andrew P. Dollman, Esq.  
Member & Chair, Employment and Labor Law Group  
Latsha Davis & Marshall, P.C.

### GENERAL SESSION - INFECTION PREVENTION - BE AWARE OF THE DANGER BUT RECOGNIZE THE OPPORTUNITY

Room 207

2:15 - 3:15 p.m.

NHA – 1

RC/AL - 1

PC - 1

RN – 1

Protecting residents and staff from infections and harm is a basic standard of care. The increasing spread of multidrug-resistant organisms (MDROs) has been identified by the Centers for Disease Control as a serious threat requiring urgent action. Infections caused by these organisms are more difficult to treat, have limited treatment options, and have higher morbidity and mortality.

Long-term care residents are at high risk of developing infections caused by easily transmittable and/or high-risk pathogens, such as Candida auris, CRE, norovirus, and MDROs. To protect residents and staff and prevent the spread of pathogens, it is necessary to understand and follow basic infection prevention principles. This presentation will review high risk and easily transmittable organisms encountered in facilities and discuss the ways to minimize exposure to pathogens through the use of basic infection prevention principals including hand hygiene and special precautions.

Objectives:

- Explain how resistance develops and review the high risk, easily transmittable organisms that may be encountered in LTC.
- Identify ways to minimize exposure and describe the types of transmission-based precautions and when to institute them.
- Recognize the importance of early recognition of infection for resident and healthcare worker safety and well-being.

Professional Practice Gap:

The frequent turnover of staff and the number of new Infection Preventionists in LTC has contributed to decreased awareness of clinically significant organisms, the mechanisms of how resistance develops, and knowledge of best practices to prevent the spread of transmission. This presentation will provide education on the development of drug resistance and review ways to break the chain of transmission of disease through best practices including hand hygiene, standard precautions, transmission based precautions, and enhanced barrier precautions.

JoAnn Adkins, BSN, RN, CIC, FAPIC  
Senior Infection Preventionist  
Pennsylvania Patient Safety Authority

## VENDOR RECEPTION (IN-PERSON ONLY)

Senate Suites  
3:30 - 5:30 p.m.  
NHA – 1  
RC/AL - 1  
RN – 1

3:30 – 3:45 p.m. – Exhibitor Session (.25 CEU)  
3:45 - 4 p.m. – Reception/Exhibitor Visitations  
4 - 4:15 p.m. – Exhibitor Session (.25 CEU)  
4:15 - 4:45 p.m. – Reception/Exhibitor Visitations  
4:45 - 5 p.m. – Exhibitor Session (.25 CEU)  
5 - 5:15 p.m. – Reception/Exhibitor Visitations  
5:15 - 5:30 p.m. – Exhibitor Session (.25 CEU)

## SESSION ONE - LIMITATIONS OF X-RAY IMAGING

In this mini-session, Rian will discuss the limitations of plain radiographs versus other radiology modalities. She will also cover early radiology exams to diagnose fractures and processes and explain the meaning and benefits of short-term interval radiographs for diagnosing fractures and lung processes. Understanding the limitations and follow-up can assist in decreasing unnecessary transports and hospital readmissions.

*Rian Bender*  
Director of Sales and Marketing  
Physician's Mobile X-Ray

## SESSION TWO - OVERALL QUALITY RATING OF ONE TO FIVE STARS BASED ON NURSING HOME PERFORMANCE

This mini-session will review the three domains, each of which has its own rating:

- Health Inspections - Measures based on outcomes from state health inspections
- Staffing - Measures based on nursing home staffing levels and staff turnover
- Quality Measures - Measures based on MDS and claims-based quality measures (QMs)

*Tricia Whaley*  
Senior Director Provider Relations  
CHR Consulting Services, Inc.

## SESSION THREE - POWERFUL PARTNERSHIPS IN LONG TERM CARE

This mini-session will explain and describe utilizing an interdisciplinary team approach to create better outcomes for residents. This interdisciplinary team approach can lead to higher quality of care when health care professionals work together.

*Chaz Balsano*  
Lead Business Development Manager  
AdvantageCare Rehabilitation, LLC

*Nicole Shadle*  
Area Director, Central Pennsylvania  
AdvantageCare Rehabilitation, LLC

## SESSION FOUR - CREATIVE WAYS TO IMPROVE YOUR FACILITY

In the mini-session, Chase will present on the important aspect of thinking creatively when running a LTCF. Chase will discuss the important part grants and other sources of income and how they can contribute to the betterment of the facility. Chase will also discuss how facilities might be able to use third parties to access and update unused parts of the facility that can help update facilities in the coming years.

*Chase Cannon, Esq.*  
Executive Director  
PACAH

## WEDNESDAY, APRIL 17TH

### REGISTRATION

7:30 - 10 a.m.  
Registration Desk One

### CONTINENTAL BREAKFAST

7:30 - 9 a.m.  
Room 207

### MORNING BEVERAGE SERVICE & BREAK

Beverages: 7 a.m. - noon  
Snacks: 9 - 11 a.m.  
2nd Floor Break Area

### GENERAL SESSION - PACAH BUSINESS MEETING

Room 207  
8 - 8:30 a.m.  
NHA - .5  
RC/AL - .5  
RN - .5  
CPE - .5

PACAH's Executive Director will update members on current policy, regulatory and legislative issues impacting long-term care facilities. These updates will include information on funding, IGT, Community HealthChoices, COVID-19, and other pertinent issues.

*Chase Cannon*  
Executive Director  
PACAH

### GENERAL SESSION - THE INTERSECTION BETWEEN ADVERSE SURVEYS AND LITIGATION: WAYS TO AVOID BEING CAUGHT IN THE MIDDLE

Room 207  
8:45 - 9:45 a.m.  
NHA – 1  
RC/AL - 1  
RN – 1

Nursing home providers have been subject to increased scrutiny by the Pennsylvania Department of Health since the implementation of the revised state nursing home regulations. Additionally, the Centers for Medicare and Medicaid Services has issued a proposed rule seeking to establish minimum nurse staffing standards for nursing home providers despite the fact that many nursing homes are already struggling with staffing shortages. The plaintiff's bar is also scrutinizing the staffing levels of nursing homes as well as the results of any surveys. Now more than ever, it will be important for nursing home providers to ensure compliance with the state and federal regulatory provisions. This session will address strategies and best practices to ensure regulatory compliance and avoid cited deficiencies. The presenters will also discuss common pitfalls to avoid during the survey process as well as tips to successfully challenge cited deficiencies. The presenters will also address how an adverse survey can impact medical professional liability claims and proactive steps a provider can take to avoid adverse claims.

Learning Objectives:

- Formulate strategies and best practices to ensure regulatory compliance and avoid cited deficiencies.
- Discuss common pitfalls to avoid during the survey process as well as tips to successfully challenge cited deficiencies.
- Examine the impact of an adverse survey on medical professional liability claims and proactive steps a provider can take to avoid adverse claims.

*Tanya Daniels Harris, Esq.*  
Senior Counsel and Co-Chair, Senior Care  
Saxton & Stump



Kimberly A. Selemba, Esq.  
Senior Counsel  
Saxton & Stump

C. Lynn Ruppberger-Swisher, PhD, MBA, RN, NHA, CHCQM, FAIHQ  
Senior Healthcare Consultant  
Saxton & Stump

### GENERAL SESSION - PREVENTING THOSE IMMEDIATE JEOPARDY CITATIONS

Room 207  
10 - 11 a.m.  
NHA - 1  
RC/AL - 1  
RN - 1

Is there a trend of significantly more Immediate Jeopardy citations in PA? An Immediate Jeopardy citation can be a devastating blow to a nursing facility affecting your care reputation and your financial situation. It is one of the most severe survey findings for a nursing home. When a surveyor finds noncompliance, serious adverse outcomes or potential for serious outcomes, and the need for immediate action, an immediate jeopardy citation will occur. Understanding fully the Immediate Jeopardy regulation is the first step in preventing an Immediate Jeopardy situation. This presentation will dive into the top Immediate Jeopardy citations through real life examples and discuss strategies to avoid those Immediate Jeopardy situations and maintaining regulatory compliance.

Annette Sanders, MSN, RN, CLNC, IP, QCP, RAC-CT  
Senior Consultant  
LW Consulting, Inc.



**PACAH**  
Pennsylvania Coalition of Affiliated  
Healthcare & Living Communities

**2024 FALL SUMMIT**  
September 16th - 17th  
The Gettysburg Hotel

## 2024 PACAH SPRING CONFERENCE SPEAKERS

**JoAnn Adkins, BSN, RN, CIC, LTC-CIP**  
FAPIC  
Infection Prevention Advisor  
Pennsylvania Patient Safety Authority  
333 Market St., Lobby Level  
(717) 756-0696  
joaadkins@pa.gov

**Chaz Balsano**  
Lead Business Development Manager  
AdvantageCare Rehabilitation, LLC  
5035 Clairton Blvd.  
Pittsburgh, PA 15236  
chazbalsano@feeltheadvantage.com

**Julie Bellucci, MS, CCC-SLP**  
Director of Clinical Development  
Premier Therapy, LLC  
110 Central Square Dr.  
Beaver Falls, PA 15010  
(724) 775-8669  
jbellucci@embracepremier.com

**Rian Bender**  
Director of Sales and Marketing  
Physician's Mobile X-Ray  
6310 Allentown Blvd. Suite 102  
Harrisburg, PA 17112  
(800) 420-9729  
rbender@pmx-ray.com

**Chase Cannon, Esq.**  
Executive Director  
PACAH  
PO Box 60769  
Harrisburg, PA 17106-0769  
(770) 880-2171  
ccannon@pacounties.org

**Tanya Daniels Harris, Esq.**  
Member, Senior Care Services Group  
Member, Healthcare Litigation Group  
Saxton & Stump  
280 Granite Run Drive, Suite 300  
Lancaster, PA 17601  
(717) 941-1207  
tlh@saxtonstump.com

**Andrew P. Dollman, Esq.**  
Member & Chair, Employment &  
Labor Law Group  
Latsha Davis & Marshall, P.C.  
1700 Bent Creek Blvd., Suite 140  
Mechanicsburg, PA 17050  
(717) 620-2424  
ADollman@ldylaw.com

**Kay P. Hashagen, PT, MBA RAC-CT**  
Senior Consultant  
LW Consulting, Inc.  
5925 Stevenson Avenue, Suite G  
Harrisburg, PA 17112  
(410) 111-5999  
khashagen@lw-consult.com

**Mark L. Mattioli, Esq.**  
Principal, Health Care  
Post & Schell P.C.  
Three Logan Sq.  
1717 Arch St., 24th Fl.  
Philadelphia, PA 19103  
(215) 587-1000  
mmattioli@postschell.com

**Heather Meadows, CCC/SLP/CDP**  
Director of Operations  
Premier Therapy, LLC  
110 Central Square Dr.  
Beaver Falls, PA 15010  
(724) 775-8669  
HMeadows@embracepremier.com

**C. Lynn Ruppberger-Swisher, PhD,  
MBA, RN, NHA, CHCQM, FAIHQ**  
Senior Care Consultant  
Saxton & Stump  
280 Granite Run Drive, Suite 300  
Lancaster, PA 17601  
(717) 556-1055  
cls@saxtonstump.com

**Angela H. Sanders, Esq.**  
Principal, Employment and Labor  
Post & Schell P.C.  
P.O. Box 10248  
Lancaster, PA 17601  
(717) 291-4532  
asanders@postschell.com

**Annette Sanders**  
Senior Consultant  
LW Consulting, Inc.  
5925 Stevenson Avenue, Suite G  
Harrisburg, PA 17112  
(717) 233-6100  
asanders@lw-consult.com

**Kimberly A. Selemba, Esq.**  
Senior Counsel  
Member, Healthcare Litigation Group  
Saxton & Stump  
280 Granite Run Drive, Suite 300  
Lancaster, PA 17601  
(717) 941-1214  
kas@saxtonstump.com

**Nicole Shadle**  
Area Director, Central Pennsylvania  
AdvantageCare Rehabilitation, LLC  
5035 Clairton Blvd.  
Pittsburgh, PA 15236  
nshadle@feeltheadvantage.com

**Tricia Whaley**  
Senior Director Provider Relations  
CHR Consulting Services, Inc.  
200 Dryden Rd., Suite 3100  
Dresher, PA 19025  
(717) 233-6100  
asanders@lw-consult.com



# PACAH

Pennsylvania Coalition of Affiliated  
Healthcare & Living Communities

PO Box 60769  
Harrisburg, PA 17106-0769  
(717) 526-1010  
fax (717) 526-1020

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